



# GLENDALE COMMUNITY COLLEGE CHILD DEVELOPMENT LABORATORY SCHOOL

## INFANT NEEDS AND SERVICES PLAN

Name of Child: \_\_\_\_\_ DATE OF BIRTH: \_\_\_\_\_

Name of Parent/Guardian: \_\_\_\_\_

Primary Caregiver: Each child has a primary caregiver who attends to most of his or her needs: play time, diapering, feedings, dressing, and naps. The primary caregiver also does most of the record-keeping and communication with parents including providing a daily activity report for the child.

### Daily Routines

Routines such as feeding and diapering are the curriculum for infants and toddlers. Done the PITC way, routines promote close, primary relationships and offer learning opportunities through responsive care based on each child's individual needs and interests.

### 1. FEEDING PLAN

To accommodate the individual eating schedules, food for the young Koalas is prepared in their room. For both the Younger Koalas and Older Koalas, food is kept refrigerated for children who are not hungry at the scheduled mealtimes. We also keep nonperishable snacks on hand. The Laboratory School provides breakfast, afternoon snack, and milk for lunch, daily. Parents provide lunch daily.

Does your child utilize any special eating support: (ex. High chair, booster chair)

\_\_\_\_\_

Foods liked \_\_\_\_\_

Foods Disliked \_\_\_\_\_

Food Allergies \_\_\_\_\_

Diagnosed by Physician? Yes  No

Older Koalas feeding schedule:

- Breakfast - 9:00 a.m.
- Lunch - 11:45 a.m.
- Afternoon Snack - 3:15 p.m.

### 2. DIAPERING

Diaper changes are special times for a teacher and child to connect with each other. For a teacher at the children's center it is a time to learn about a child and strengthen a close relationship. Following PITC guidelines, the teacher who is the primary infant/toddler care teacher for a small group of children has responsibility for diapering each of them. If the primary infant/toddler care teacher is not available, the second infant/toddler care teacher in the room, whom the child already knows, will diaper the child. The secondary infant/toddler care teacher will first check with the primary infant/toddler care teacher

before diapering and then will talk with the child during their experience. This respectful back and forth exchange during diaper changes helps young children to trust and understand what to expect in relationships. Diapering is routinely done every 2 hours unless child needs to be changed sooner.

Please note any ointments, lotions, powders, or other instructions desired when your child is changed:

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### 3. TOILETING

Most of the time parents and children will know when their children are ready for toilet training. Toilet training typically begins when the following signs and behaviors occur with consistency:

- Announces when diaper is wet or soiled
- Wants to flush toilet
- Wants to sit on toilet
- Asks to visit bathroom with others who are using the toilet
- Holds genital area

We will assist families in toilet training by:

- Verbal encouragement
- Consistent toileting times
- Cooperation with home toileting practices.

Easily removable pants and shoes; underpants or training pants will encourage toilet independence skills and assist the classroom staff.

Parents will need to provide 2 sets of additional clothing until child is toilet independent.

Word used for bowel movement? \_\_\_\_\_ Urination \_\_\_\_\_

How does child indicate when to use the bathroom? \_\_\_\_\_

### 4. NAPPING ROUTINES

Napping routines are focused on the individual child's needs. Younger Koalas in particular may have very different routines. As the child matures, classroom routines will become more established. Naptime for Older Koalas is approximately from 12:30 p.m. to 2:45 p.m.

What time does your child typically go to bed? \_\_\_\_\_

What sleeping system does your family utilize for children:

- Family bed
- Individual bed
- Crib
- Floor matt
- Other \_\_\_\_\_

How well does your child sleep at night? \_\_\_\_\_

What time does your child typically wake up? \_\_\_\_\_

Does your child take naps when they are home from school? Yes No (circle one)

If above is: "Yes." How long? \_\_\_\_\_

Transitional object used to help child sleep (examples pacifier, bottle, blankets, toys, stuffed animal) \_\_\_\_\_

Ways in which we can assist your child at naptime (ex. rubbing back, soft music, reading a book) \_\_\_\_\_

\_\_\_\_\_  
Parent/Guardian Signature      Date

\_\_\_\_\_  
Master Teachers's Signature      Date