

AD ST119 : Chemical Dependency And Co-Occurring Disorders

General Information

Author:	<ul style="list-style-type: none"> Benjamin Salazar
Course Code (CB01) :	AD ST119
Course Title (CB02) :	Chemical Dependency And Co-Occurring Disorders
Department:	AD ST
Proposal Start:	Fall 2024
TOP Code (CB03) :	(2104.40) Alcohol and Controlled Substances
CIP Code:	(51.1501) Substance Abuse/Addiction Counseling.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000422469
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ADST 119 assists the student to better understand and interact with clients with various mental health disorders that complicate coexisting substance abuse problems. It includes personality and mood disorders and various other pathologies, as well as organic brain disorder and their synergistic effect with alcohol and other drugs. The course also covers the diagnostic, therapeutic, and recovery phases for these clients.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"> Credit
Author:	<ul style="list-style-type: none"> Benjamin Salazar

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"> Addiction Paraprofessional Training
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08) Course is not a basic skills course. <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	Course Special Class Status (CB13) Course is not a special class. Pre-Collegiate Level (CB21) Not applicable.	Grading Basis <ul style="list-style-type: none"> Grade with Pass / No-Pass Option Course Support Course Status (CB26) Course is not a support course
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Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

Units and Hours

Summary

Minimum Credit Units (CB07)	3
Maximum Credit Units (CB06)	3
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	108
Total Student Learning Hours	162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience

Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54
Course Out-of-Class Hours	
Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

AD ST105 - Pharmacology: Alcohol And Other Drugs (in-development)

Objectives

- Distinguish between effects of alcohol and other psychogenic drugs on the cellular structure, organs, and systems of the body.
- Recognize the symptoms and behaviors typical of chemical abuse.
- Explain the development of tolerance, the withdrawal syndrome, detoxification, and the use of drugs in the treatment of substance abuse.

OR

Co-Requisite

AD ST105 - Pharmacology: Alcohol And Other Drugs (in-development)

(AD ST 105 may be taken concurrently)

AND

Advisory

PSYCH115 - Abnormal Psychology (in-development)

Objectives

- Define and use basic biological and psychological terminology to describe psychopathology and atypical behavior and mental processes.
- Summarize the major disorder classifications and give concrete examples using appropriate diagnostic terminology (i.e., Diagnostic and Statistical Manual of Mental Disorders).

Entry Standards

Entry Standards

Describe biological bases of behavioral and mental processes, sensation, perception, learning, memory, cognition, consciousness, individual differences, personality, social psychology.

Explain the intervention process and various techniques used to move the chemically dependent person into treatment and through recovery.

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Guest Speakers

Methods of Instruction

Presentations

Methods of Instruction

Lecture

Out of Class Assignments

- Written group and individual projects
- Group participation(e.g. interviews, role plays, etc.)
- Written assignments

Methods of Evaluation**Rationale**

Other

Case studies

Evaluation

Critiques

Exam/Quiz/Test

Examinations

Textbook Rationale

No Value

Textbooks**Author****Title****Publisher****Date****ISBN**United States. Center for
Substance Abuse TreatmentSubstance Abuse Treatment
for Persons with Co-Occurring
DisordersRockville (MD):
Substance Abuse
and Mental
Health Service
Administration

2020

Publication ID:
SMA 13-3992**Other Instructional Materials (i.e. OER, handouts)****Description**

Diagnostic Statistical Manual

Author

American Psychiatric Association

Citation

No value

Online Resource(s)**Materials Fee**

No value

Learning Outcomes and Objectives**Course Objectives**

Identify key points within current theories of personality disorders.

Describe the symptoms, diagnostic characteristics, and treatment for various mental health disorders.

Explore the diagnostic issue of primary and secondary illness in contemporary co-occurring disorders.

Discuss the relationship between recovery counselors and mental health clinical workers and their perspective of treatment focus and scope of practice.

Explain how mental health and recovery specialists interact and have moved toward agreement and shared goals and outcomes of treatment.

Explain the dynamics of relapse and relapse prevention as impacted by the challenge of dual diagnosis.

Discuss guidelines for interacting with clients with various mental health disorders.

Identify the challenges posed to the counselor in interacting with clients with diverse mental health disorders.

SLOs

Demonstrate the ability to interview someone with co-occurring disorders and assessing co-occurring disorders.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

Recognize personality disorder traits.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or
Core methodologies to solve unique problems.
ILOs

Explore and understand the concept of primary and secondary illnesses.

Expected Outcome Performance: 70.0

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or
Core methodologies to solve unique problems.
ILOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Overview of Mental Health and Recovery Movement (2 hours)

Summary of Personality Development and Psychopathology Theories (12 hours)

Diagnostic Categories and Diagnosis (DSM –V) of Mental Disorders (15 hours)

- Substance related and addictive disorders
- Depressive disorders
- Anxiety disorders
- Obsessive-compulsive and related disorders
- Bipolar and related disorders
- Trauma and stress related disorders
- Personality disorders

Co-Occurring Disorders in Substance Abuse Treatment (7 hours)**Recovery Philosophy Relative to Mental Health Diagnosis (3 hours)****Cooperative Effort of Mental Health and Recovery Professionals (2 hours)****Co-Occurring Disorders and Treatment Planning (10 hours)**

- Community resources
- Status of social service system

Relapse and Relapse Prevention (3 hours)**Total hours: 54****Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No Value

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liason?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value