

## DANCE114 : Ballet Technique III

### General Information

Author:	• Victor Robles
Course Code (CB01) :	DANCE114
Course Title (CB02) :	Ballet Technique III
Department:	DANCE
Proposal Start:	Spring 2025
TOP Code (CB03) :	(1008.10) Commercial Dance
CIP Code:	(50.0399) Dance, Other.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000549802
Curriculum Committee Approval Date:	05/22/2024
Board of Trustees Approval Date:	07/16/2024
Last Cyclical Review Date:	05/22/2024
Course Description and Course Note:	DANCE 114 provides students with practical experience in the contemporary ballet techniques and styles on an advanced level. Through exercise and discussion students will learn advanced technical skills, performance skills, and audition techniques.
Justification:	Mandatory Revision
Academic Career:	• Credit
Mode of Delivery:	
Author:	
Course Family:	

### Academic Senate Discipline

Primary Discipline:	• Dance
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

<b>Basic Skill Status (CB08)</b> Course is not a basic skills course.  <input type="checkbox"/> Allow Students to Gain Credit by Exam/Challenge	<b>Course Special Class Status (CB13)</b> Course is not a special class.  <b>Pre-Collegiate Level (CB21)</b> Not applicable.	<b>Grading Basis</b> • Grade with Pass / No-Pass Option  <b>Course Support Course Status (CB26)</b> Course is not a support course
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## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Approved

CSU GE-Breadth Area	Area	Status	Approval Date	Comparable Course
E-Lifelong Learning and Self-Development	Lifelong Learning and Self-Development	Approved	09/02/2008	No Comparable Course defined.

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	2
<b>Maximum Credit Units (CB06)</b>	2
<b>Total Course In-Class (Contact) Hours</b>	72
<b>Total Course Out-of-Class Hours</b>	36
<b>Total Student Learning Hours</b>	108

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience  
 Education Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	3	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	54
Studio	0
<b>Total</b>	72

#### Course Out-of-Class Hours

Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	<b>36</b>

### Time Commitment Notes for Students

No value

### Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

### Pre-requisites, Co-requisites, Anti-requisites and Advisories

#### Prerequisite

DANCE111 - Ballet Technique II (in-development)

#### Objectives

- Reproduce an intermediate ballet barre.
- Interpret an intermediate ballet combination.
- Examine the application of ballet terminology as utilized in live, video and in class performance.
- Compare the development of ballet technique from the classical era to the present.

### Entry Standards

Entry Standards

### Course Limitations

Cross Listed or Equivalent Course

### Specifications

Methods of Instruction

Methods of Instruction                      Lecture

Methods of Instruction	Laboratory
Methods of Instruction	Discussion
Methods of Instruction	Multimedia
Methods of Instruction	Collaborative Learning
Methods of Instruction	Demonstrations
Methods of Instruction	Field Activities (Trips)
Methods of Instruction	Guest Speakers
Methods of Instruction	Presentations

### Out of Class Assignments

- Attendance at Glendale Community College Dance Department performances
- Online research from the classical to the contemporary era
- Written evaluation of the performance attendance

Methods of Evaluation	Rationale
Exam/Quiz/Test	Final exam/performance
Exam/Quiz/Test	Movement exams (e.g.: presentations of advanced ballet combinations)
Exam/Quiz/Test	Quizzes (e.g.: advanced ballet terminology, interpretation of correct body alignment, and muscle coordination)
Other	Class participation in critiques, analysis, and evaluation of dance performance
Writing Assignment	Analytical essays (e.g.: analyzes of ballet performance as an art form)
Exam/Quiz/Test	Midterm examination

### Textbook Rationale

this textbook is classic for this course

### Textbooks

Author	Title	Publisher	Date	ISBN
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Jacqui Green Haas	Dance Anatomy: Second Edition	Human Kinetics, Inc	2017	978-149254170
Craine, D. and Mackrell, J.	The Oxford Dictionary of Dance	Oxford	2013	978019172 7658
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
No Value				
<b>Materials Fee</b>				
No value				

## Learning Outcomes and Objectives

### Course Objectives

Reproduce an advanced ballet barre.

Interpret an advanced ballet combination.

Examine the application of ballet terminology as utilized in live, video and in class performance.

Compare the development of ballet technique from the neoclassical era to the present.

### SLOs

**Analyze and define advanced barre terminology and center work.**

Expected Outcome Performance: 70.0

*ILOs*  
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*DANCE*  
Dance Teaching - Certificate

Design lesson plans for children, adults, and seniors

*DANCE*  
Dance Teaching - A.S. Degree  
Major

Design lesson plans for children, adults, and seniors

*DANCE*  
Choreographic Studies and  
Dance Technique

Explain dance vocabulary of various dance styles.

Explain dance vocabulary of various dance styles.

Explain dance vocabulary of various dance styles.

**Practice correct ballet turn-out and dynamic alignment.**

Expected Outcome Performance: 70.0

ILOs  
Core ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

DANCE  
Choreographic Studies and Dance  
Technique

Demonstrate technical dance skills using correct body alignment and muscle coordination

Demonstrate technical dance skills using correct body alignment and muscle coordination

Demonstrate technical dance skills using correct body alignment and muscle coordination

DANCE  
Dance Teaching - A.S. Degree  
Major

Teach technical dance skills using correct body alignment and muscle coordination

DANCE  
Dance Teaching - Certificate

Teach technical dance skills using correct body alignment and muscle coordination

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Introduction (4 hours)

- Overview of course content
- Development of ballet technique

#### Injury Prevention – Safety (6 hours)

- Review of body alignment (advanced technique)
- Review of turn-out (advanced technique) .
- Use of breath for grand pirouettes
- Use of breath for grand allegro

#### Advanced Barre Work (2 hours)

- Plié
- Battement tendu combination
- Battement dégagé combination
- Rond-de-jambe à terre combination
- Battement fondu combination
- Battement frappé combination
- Rond-de-jambe en l'air combination
- Adage
- Battement combination
- Stretching

#### Advanced Center Work (2 hours)

- Port-de-bras combination
- Battement tendu combination

- Pirouette combination/grand pirouettes
- Adage
- Allegro
- Grand allegro
- Combination through the diagonal

**Advanced Performance Skills (4 hours)**

- Ballet variation
- Rehearsal practice
- Audition skills

**Total hours: 18**

**Laboratory/Studio Content**

**Injury Prevention – Safety (14 hours)**

- Review of body alignment (advanced technique)
- Review of turn-out (advanced technique) .
- Use of breath for grand pirouettes
- Use of breath for grand allegro

**Advanced Barre Work (14 hours)**

- Plié
- Battement tendu combination
- Battement dégagé combination
- Rond-de-jambe à terre combination
- Battement fondu combination
- Battement frappé combination
- Rond-de-jambe en l'air combination
- Adage
- Battement combination
- Stretching

**Advanced Center Work (14 hours)**

- Port-de-bras combination
- Battement tendu combination
- Pirouette combination/grand pirouettes
- Adage
- Allegro
- Grand allegro
- Combination through the diagonal

**Advanced Performance Skills (12 hours)**

- Ballet variation
- Rehearsal practice
- Audition skills

**Total hours: 54**

**Additional Information**

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

Yes

**GCC Major Requirements**

Physical Education

**GCC General Education Graduation Requirements**

No Value

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

## **Resources**

**Did you contact your departmental library liaison?**

No

**If yes, who is your departmental library liaison?**

No Value

**Did you contact the DEIA liaison?**

No Value

**Were there any DEIA changes made to this outline?**

No

**If yes, in what areas were these changes made:**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value