



NEWSLETTER

DESTIGMATIZE * EDUCATE * EMPOWER

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Summer 2022, Vol 2, Issue 6

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A WARM WELCOME

Mark Matsui joins DSPS as Interim Manager

Very well known and respected throughout the DSPS community, Mark brings to GCC more than thirty years of experience managing support programs for students with disabilities in California community colleges and the CSU system. Most recently, Mark served as the Director for Disabled Students Programs & Services at Rio Hondo College before retiring in 2019.



Mark is a current Board Member with the Asians and Pacific Islanders with Disabilities of California (APIDC) and a Past-President of the California Association for Postsecondary Education and Disability (CAPED), the oldest professional organization of its kind in the nation. He also enjoys outdoor activities including skiing, fly fishing, and golf.

SCHOLARSHIPS AVAILABLE!

Multiple scholarships are available through CAPED (California Association for Postsecondary Education and Disability). Applications are due by August 31st.

For eligibility requirements and the application, go to www.caped.co/scholarships/

Questions? Please contact caped.scholarship.committee@gmail.com

Winter 22 and Fall 2022 had a lot going on!

Throughout the semester, we held **Communication Fundamentals** workshops that covered how to communicate effectively with instructors and peers and at social events. ASGCC reps joined us to show how to get involved on campus. The **Gateway to Success Adult Re-Entry** group provided support and a close kinship for students.

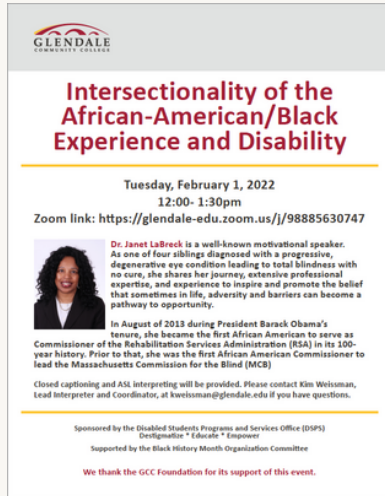
In February, we presented **The Intersectionality of the African American/Black Experience and Disability** with the support of the Black History Month Organization Committee. Dr. Janet LeBreck, the first African American to service as Commissioner of Rehabilitation Services, shared her journey, extensive professional expertise, and experiences. Learning Specialist Maryam led a comprehensive **time management** workshop in March.

In April, we held the **University DSPS Services Information** session in collaboration with the Transfer Center. University reps from CSUN, CSULA, UCLA, and USC spoke about the timeline and steps to acquire services, needed documents, examples of accommodations and services, and campus culture pertaining to students with disabilities.

In May, students learned more on the great resources available through the Department of Rehabilitation (DOR), the Verdugo Jobs Center, and GCC's Career Education department at our **Employment Resources for Individuals with Disabilities** event. We also explored the Job Accommodation Network (JAN) site. We celebrated **Freedom Writer, our very own Jasmine Matthews**, who spoke about her book and experiences.

June featured our **Rest and Relaxation Methods** workshop run by Health Center intern, Nicole. Students learned about the importance of mindfulness and practiced different techniques. We **celebrated our students' successes** and heard of their future plans. The event was full of emotion and happy tears! Our fabulous learning specialists, Prof. Ellen Oppenberg and Maryam, developed a presentation on **how to get ready for finals**. It includes techniques for test anxiety, how to prepare for finals, and how to approach the questions.

DSPS thanks the GCC Foundation for its generous support of our events.



GLENDALE
COMMUNITY COLLEGE

Intersectionality of the African-American/Black Experience and Disability

Tuesday, February 1, 2022
12:00- 1:30pm
Zoom link: <https://glendale-edu.zoom.us/j/98885630747>



Dr. Janet LeBreck is a well-known motivational speaker. As one of four siblings diagnosed with a progressive, degenerative eye condition leading to total blindness with no cure, she shares her journey, extensive professional expertise, and experience to inspire and promote the belief that sometimes in life, adversity and barriers can become a pathway to opportunity.

In August of 2013 during President Barack Obama's tenure, she became the first African American to serve as Commissioner of the Rehabilitation Services Administration (RSA) in its 100-year history. Prior to that, she was the first African American Commissioner to lead the Massachusetts Commission for the Blind (MCB).

Closed captioning and ASL interpreting will be provided. Please contact Kim Weisman, Lead Interpreter and Coordinator, at kweisman@glendale.edu if you have questions.

Sponsored by the Disabled Students Programs and Services Office (DSPS)
Designation: * Educate * Empower
Supported by the Black History Month Organization Committee

We thank the GCC Foundation for its support of this event.

CONGRATULATIONS!

2021-22 brought an impressive resume of skills awards, certificates, degrees, and university acceptances.

Addiction Studies and Counseling
Anthropology
Armenian Language
Art History
Business Administration
Child Development: Teacher
Communication Studies
Computer and Electronics
Computer Programmer
Computer Science
Early Childhood Education
Film, TV, and Electronic Media
Fitness Specialist
French Language
General Clerk 2
General Office
Health Science



Italian Language
Management
Math
Mechanical Engineering
Medical Coding Assistant
Music
Nursing
Philosophy
Photography
Political Science
Psychology
Sociology
Studio Arts
Visual Arts: 3D
Visual Arts: Animation
Welding

Acceptances include

Cal State Channel Islands, Chico, Dominguez Hills, Fullerton, Long Beach, Los Angeles, Northridge, Pomona, and Sacramento

University of California Irvine, Los Angeles, and Santa Cruz

Biola University, Lake Superior University, Northern Michigan University, Providence University, University of Washington Oshkosh, and Wayne State University.

We are so proud of our students' hard work and achievements, and wish them all the best as they take their next steps!

Watch [DSPS celebrate](#) our students in our congrats video!

CLASSES FOR YOU!

AVAILABLE SUMMER 2022

ABSE 186 is designed for students who want to improve their reading and writing skills for college. **ABSE 20** is a basic math class which is designed to strength basic arithmetic skills in students who are preparing to take Basic Algebra, Basic Statistics or any other course using basic arithmetic applications. Both noncredit courses are FREE and they don't use any financial aid! Please contact one of our Garfield DSPS counselors, Jesse Villarreal (ext 5027) or Janelle Delgado (ext 3086), for more info.

AVAILABLE FALL 2022

Adapted Physical Education (APE) 1 unit

PE 130: Adapted Activities (#1543)

PE 131: Adapted Self Defense*

PE 132: Adapted Aquatics* (at the Rose Bowl Aquatics Center)

PE 134: Adapted Wellness & Fitness Lab*

PE 135: Adapted Indoor Cycling (#1569)

*Multiple sections; please check the schedule for details.



Computer Applications and Business Office Technology (CABOT)

CABOT 90: Self-Paced Introduction to Adapted Word Processing (#3201 and #3202; 2 units)

CABOT 93: Adapted Computer Laboratory (#1153; 1 unit)

Student Development (St Dev)

St Dev 105: College Success for Students with Disabilities (#3243; 3 units) This is an introductory college orientation course for newly enrolled and continuing students with disabilities. Students develop an understanding of how disability-related factors may influence the educational decision-making process in college. Topics include effective study strategies, short and long-term goals, time management, self-advocacy, college academic regulations; associate degree options, including transfer; student services and specialized student support services.

St Dev 143: Study Skills Lab (#2254; 1 unit) for help with Math and English classes

Lip Reading Workshops: Mon & Thurs, 10am-11:30am through the Adult Recreation Center in Glendale. Please contact Stela Fejtek at sfejtek@glendale.edu for more info.

DISABILITIES IN THE MEDIA

The Amazing Race

The **Amazing Race's** season 33 winners were Penn and Kim Holderness. They are internet personalities who have been very open about Penn's ADHD and Kim's anxiety on their various social media platforms. That continued to be the case on CBS's hit show. Penn referred to his ADHD hyper focus as his "superpower" and Kim spoke about facing her difficulties with mental health. Learn more about [Penn's work to change the stigma of ADHD](#) and [Kim's mental health journey](#).



CODA and Audible at the Oscars



The 94th Academy Awards in February 2022 was historic. **Audible** was nominated for Best Documentary Short and **CODA** (Child of Deaf Adult) was nominated for Best Picture, Best Writing for Adapted Screenplay, and Best Supporting Actor, and won all three categories! Both works highlighted the Deaf community and starred Deaf individuals/performers.

Troy Kotsur: Best Actor in a Supporting Role

STUDENT SURVEY AND ORGANIZATION

DSPS students: please take a few minutes to fill out this [short student survey](#) on future workshop topics and a student DSPS organization.

And talking of that, DSPS is once again creating a student organization. Students who are interested in participating or learning more, please reach out to DSPS counselor, Diana Carrillo, at dcarrillo@glendale.edu.

Questions, comments, or thoughts about the newsletter? Please contact Rita at rzobayan@glendale.edu.

CONTACT INFORMATION

Center for Students with Disabilities (CSD)

Diana C., Flora, Karmen, Mark, Rita, Tracey
csd@glendale.edu, ext. 5905

MON to THURS, 8:30AM to 4:30PM and FRI, 8:30AM to 3:00PM for the office.
Counselors' days and hours vary.

Accommodations Resource Center (ARC)

David, Diana M., Elena, Prof. Ellen Oppenberg, Laura, Maryam, Mauricio,
Rozik, & Stela

ARC@glendale.edu, ext. 5530

MON to FRI 8:00AM to 4:30PM for the office.
Specialists' and tutors' days and hours vary.



Alternate Media

Scott, sziegler@glendale.edu, ext. 3366

MON to FRI 8:00AM to 4:30PM

Lead Interpreter and Coordinator for ASL and CC/RTC Services

Kim, kweissman@glendale.edu

MON to FRI 9:00AM to 3:00PM



Adapted Physical Education

Dr. Lee Parks: lparks@glendale.edu

Coach Laura Matsumoto: lauram@glendale.edu

Garfield DSPS

Jesse, jessev@glendale.edu, ext. 5027

MON & WED 8:00am-4:00pm, FRI 8:00am-12:00pm

Janelle, jdelgado@glendale.edu, ext. 3086

TUES & THURS, 8:00AM to 7:00PM

Follow our IG

Check it out to learn about workshops, scholarships,
employment opportunities, fundraisers, conferences,
webinars, deadlines, and more.

Follow us at [dsps_gcc](https://www.instagram.com/dsps_gcc).

