

AD ST110 : Counseling Techniques And Case Management

General Information

Author:	<ul style="list-style-type: none">Benjamin Salazar
Course Code (CB01) :	AD ST110
Course Title (CB02) :	Counseling Techniques And Case Management
Department:	AD ST
Proposal Start:	Winter 2025
TOP Code (CB03) :	(2104.40) Alcohol and Controlled Substances
CIP Code:	(51.1501) Substance Abuse/Addiction Counseling.
SAM Code (CB09) :	Clearly Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000291701
Curriculum Committee Approval Date:	05/08/2024
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ADST 110 is designed to prepare the student for the field experiences of the addiction counseling internship. It examines several models of addiction counseling and the theoretical rationale of each. The course emphasizes therapeutic traits needed by a counselor working with people addicted to substances. The course also includes the competencies/functions of a counselor, legal and ethical issues in counseling, and case management of individuals, groups and families. Issues of personal and professional growth are also discussed.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Author:	<ul style="list-style-type: none">Benjamin Salazar

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Addiction Paraprofessional Training
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)	Course Special Class Status (CB13)	Grading Basis
Course is not a basic skills course.	Course is not a special class.	<ul style="list-style-type: none">Grade with Pass / No-Pass Option

Allow Students to Gain Credit by Exam/Challenge

Pre-Collegiate Level (CB21)

Course Support Course Status (CB26)

Not applicable.

Course is not a support course

Transferability & Gen. Ed. Options

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

C-ID	Area	Status	Approval Date	Comparable Course
ADS	Addiction Studies	Approved	No value	ADS 170 X - Case Management

C-ID	Area	Status	Approval Date	Comparable Course
ADS	Addiction Studies	Approved	No value	ADS 120 X - Basic Counseling Skills

Units and Hours

Summary

Minimum Credit Units (CB07) 3

Maximum Credit Units (CB06) 3

Total Course In-Class (Contact) Hours 54

Total Course Out-of-Class Hours 108

Total Student Learning Hours 162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience
 Education Status (CB10)

Variable Credit Course

Weekly Student Hours

In Class

Lecture Hours 3

Out of Class

6

Course Student Hours

Course Duration (Weeks)

18

Hours per unit divisor

0

Laboratory Hours	0	0
Studio Hours	0	0

Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54

Course Out-of-Class Hours	
Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Pre-requisites, Co-requisites, Anti-requisites and Advisories

Prerequisite

AD ST101 - Alcohol/Drug Abuse And Dependency (in-development)

Objectives

- Compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency.
- Distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.

OR

Co-Requisite

AD ST101 - Alcohol/Drug Abuse And Dependency (in-development)

(AD ST 101 may be taken concurrently)

AND

Prerequisite

AD ST103 - Chemical Dependency: Intervention, Treatment, And Recovery (in-development)

Objectives

- Distinguish between rudimentary skills in crisis intervention techniques, interpersonal communications, and problem solving with specific application to the alcoholic/addict and the chemically dependent family.

OR

Co-Requisite

AD ST103 - Chemical Dependency: Intervention, Treatment, And Recovery (in-development)

(AD ST 103 may be taken concurrently)

AND

Advisory

PSYCH101 - General Psychology

Objectives

- Discuss applied areas of psychology (e.g. clinical, counseling, forensic, community, organizational, school, and health).
- Recognize and the impact of diversity on psychological research, theory, and application.

Entry Standards

Entry Standards

Explain the intervention process and various techniques used to move the chemically dependent person into treatment and through recovery.

Course Limitations

Cross Listed or Equivalent Course

Specifications

Methods of Instruction

Methods of Instruction Lecture

Methods of Instruction Discussion

Out of Class Assignments

- Written assignments (e.g. an annotated bibliography of sources analyzing the best treatment outcomes between various counseling theories)
- Term paper (e.g. history of counseling theories for the chemically dependent)

Methods of Evaluation

Rationale

Activity (answering journal prompt, group activity)

Class and role-playing participation

Writing Assignment

Written assignments

Project/Portfolio

Research project

Exam/Quiz/Test

Quizzes

Exam/Quiz/Test

Midterm

Exam/Quiz/Test

Final Examination

Textbook Rationale

No Value

Textbooks

Author

Title

Publisher

Date

ISBN

Grosso, Federico C

Advanced Applications of Law and Ethics: A Workbook for California Certified Alcoholism and Drug Abuse Counselors

Santa Barbara: F.C. Grosso

2001

0-9654534-8-0

Substance Abuse Mental Health Services Administration

TIP 27:Comprehensive Case Management for Substance Abuse Treatment

Substance Abuse Mental Health Services Administration

2015

SMA15- 4215

Substance Abuse and Mental Health Services Administration

Competencies: The Knowledge, Skills, and Attitudes of Professional Practice

Washington, D.C.: U.S. Department of Health and Human Service Addiction Counseling

2008

Other Instructional Materials (i.e. OER, handouts)

No Value

Materials Fee

No value

Learning Outcomes and Objectives

Course Objectives

Discuss selected psychological theories and treatment modalities of alcohol and drug dependency.

Describe the essential attributes needed to work effectively with the chemically dependent client.

Appraise essential traits of the counselor which are needed to work effectively with the chemically dependent.

Explain and illustrate ethical principals in chemical dependency counseling using examples.

Discuss scope of practice and other regulatory issues.

Summarize significant legal issues involved in counseling the chemically dependent.

Appraise personal motives, strengths, and limitations in relation to chemical dependency counseling.

Describe the process of case management in chemical dependency including client management, cost containment and the contemporary health care environment.

SLOs

Apply knowledge gleaned from assignments to role-playing exercises.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Analyze, appraise and evaluate counseling traits.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Detect, identify and evaluate legal issues in the counseling relationship.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Identify and integrate theories of treatment.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions;
Core cultivate creativity that leads to innovative ideas.
ILOs

Course Content

Lecture Content

Ethical and Legal Issues (8 hours)

- Counselor
- Agency
- Client relationships

Theoretical Considerations (14 hours)

- Principles of psychotherapy in chemical dependency
- Defense structure of the recovering alcoholic
- Critical issues in therapy
- Processing the client through therapy
- Development of intrapersonal/interpersonal skills
- Characteristics of competent and effective counselors

Theories of Treatment for Chemical Dependency (15 hours)

- Client-centered
- Behavioral
- Reality
- Rational emotive
- Mindfulness
- Motivational Interviewing

Case Management and Clinical Evaluation of Patient Progress (8 hours)

Experiential Work (9 hours)

- Role-playing with student and instructor
- Role-playing in triads

Total hours: 54

Additional Information

Is this course proposed for GCC Major or General Education Graduation requirement? If yes, indicate which requirement in the two areas provided below.

No Value

GCC Major Requirements

No Value

GCC General Education Graduation Requirements

No Value

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Resources

Did you contact your departmental library liaison?

No Value

If yes, who is your departmental library liason?

No Value

Did you contact the DEIA liaison?

No Value

Were there any DEIA changes made to this outline?

No Value

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value