

## AD ST101 : Alcohol/Drug Abuse And Dependency

### General Information

Author:	<ul style="list-style-type: none"><li>Benjamin Salazar</li></ul>
Course Code (CB01) :	AD ST101
Course Title (CB02) :	Alcohol/Drug Abuse And Dependency
Department:	AD ST
Proposal Start:	Fall 2025
TOP Code (CB03) :	(2104.40) Alcohol and Controlled Substances
CIP Code:	(51.1501) Substance Abuse/Addiction Counseling.
SAM Code (CB09) :	Possibly Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000219554
Curriculum Committee Approval Date:	02/26/2025
Board of Trustees Approval Date:	06/18/2024
Last Cyclical Review Date:	05/08/2024
Course Description and Course Note:	ADST 101 surveys the use and abuse of alcohol and other drugs in various cultures, their acute and chronic effects on the human body, and the development of psychological and physical dependence. An overview of current theories in dependency is presented. The course addresses the consequences of chemical dependency on the individual, the family system, and society.
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	No value
Author:	No value
Course Family:	No value

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Addiction Paraprofessional Training</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Grade with Pass / No-Pass Option

### Course Support Course Status (CB26)

Course is not a support course

## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to CSU only

### Transferability Status

Approved

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	3
<b>Maximum Credit Units (CB06)</b>	3
<b>Total Course In-Class (Contact) Hours</b>	54
<b>Total Course Out-of-Class Hours</b>	108
<b>Total Student Learning Hours</b>	162

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

Variable Credit Course

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

### Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

### Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	0
<b>Course In-Class (Contact) Hours</b>	
Lecture	54

Laboratory	0
Studio	0
<b>Total</b>	54

**Course Out-of-Class Hours**

Lecture	108
Laboratory	0
Studio	0
<b>Total</b>	108

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

**Advisory**

ENGLC1000 - Academic Reading and Writing (in-development)

**Objectives**

- Read analytically to understand and respond to diverse academic texts.
- Compose thesis-driven academic writing that demonstrates analysis and synthesis of sources as appropriate to the rhetorical situation.
- Demonstrate strategies for planning, outlining, drafting, revising, editing, and proofreading written work.
- Analyze stylistic choices in their own writing and the writing of others and the context in which readings were produced.
- Write timed, in-class essays exhibiting acceptable college-level control of mechanics, organization, development, and coherence.
- Integrate the ideas of others through paraphrasing, summarizing, and quoting without plagiarism.
- Find, evaluate, analyze, and interpret primary and secondary sources, incorporating them into written essays using appropriate documentation format.
- Proofread and edit essays for presentation so they exhibit no disruptive errors in English grammar, usage, or punctuation.

**Entry Standards**

Entry Standards	Description
No value	No value

## Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

## Specifications

Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Guest Speakers

## Out of Class Assignments

- Written assignments (e.g. a summary of a historical perspective on chemical dependency)
- Research paper (e.g. an analysis of psychological aspects of chemical dependency)

Methods of Evaluation

Rationale

Exam/Quiz/Test

Quizzes

Exam/Quiz/Test

Midterm(s)

Writing Assignment

Vocabulary assessments and written work

Exam/Quiz/Test

Final examination

## Textbook Rationale

No Value

## Textbooks

Author

Title

Publisher

Date

ISBN

Kinney, Jean

### Other Instructional Materials (i.e. OER, handouts)

No Value

## Learning Outcomes

### Course Objectives

Compare and contrast various psychological, sociological, learning, and behavioral theories on the development of alcohol dependency.

Distinguish between the effects of alcohol use, abuse, and dependency on adolescents, the elderly, women, and various ethnic and racial groups.

### SLOs

**Identify the effects of alcohol dependence on various aspects of society and the family system.**

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
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<i>AD ST</i> Addiction Studies Counseling A.S. Degree	Create and adhere to treatment planning standards of care
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	Demonstrate appropriate evaluation and assessment, application of case management skills
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	Demonstrate the ability to utilize their counseling and cognitive abilities necessary to integrate the counselor skills and ethical standards learned in the preceding Alcohol/Drug Studies Counseling program courses
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	Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions
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**Describe the acute and chronic effects of alcohol and other drug of abuse on the human body.**

Expected Outcome Performance: 70.0

<i>AD ST</i> Addiction Studies Counseling A.S. Degree	Apply group and individual counseling methodologies
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	Create and adhere to treatment planning standards of care
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	Demonstrate appropriate evaluation and assessment, application of case management skills
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<i>ILOs</i> Core ILOs	Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.
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**Discuss alcohol use and abuse within various cultures and societies from a historical perspective.**

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.
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	Reflect and act upon personal responsibility as local and global citizens; respect and appreciate social and cultural diversity and recognize the complexity of the world; value and articulate the significance of environmental sustainability and social justice.
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AD ST Addiction Studies Counseling A.S. Degree	Demonstrate appropriate evaluation and assessment, application of case management skills
	Demonstrate the ability to utilize their counseling and cognitive abilities necessary to integrate the counselor skills and ethical standards learned in the preceding Alcohol/Drug Studies Counseling program courses
	Demonstrate the cognitive and counseling abilities necessary to integrate the counselor competencies and standards learned in a two year Alcohol/Drug Studies Counseling program, including evidence-based theory and competencies inherent in entry level alcohol/drug counselor positions

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Historical Perspective of Alcohol Use and Abuse (15 hours)

- Ancient Greek, Roman, and Egyptian societies
- Patterns in America
- Impact of social/cultural changes
- Evolution of treatment movements
- Current scope of alcohol/drug related problems

#### Physiological Aspects of Dependency on Alcohol and Other Drugs (12 hours)

- Acute and chronic effects
- Alcohol related diseases and disorders
- Medical treatment of acute and chronic effects of alcohol

#### Psychological Aspects of Alcohol Dependency (Alcoholism) (14 hours)

- Definitions and terminology
- Implications and criticisms of disease concept
- Classification of phases/species of alcoholism/alcoholics
- Guidelines for diagnosis
- Current research

#### Alcohol and Drug Use in Selected Populations (13 hours)

- Adolescent alcohol/drug use and treatment
- Patterns of alcohol and drug use in college students
- Alcohol and drug problems among the elderly
- Special considerations in working with female alcoholics/addicts
- Alcohol and drug abuse in the workplace
- Working with alcoholics/addicts from different cultures

**Total hours: 54**

## Additional Information

### Repeatability

Not Repeatable

### Justification (if repeatable was chosen above)

No Value

### Is it possible this course will have a material fee?

No Value

### I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No Value

### What term(s) will this course be offered?

No Value

### Will any additional resources be needed for this course? (Click all that apply)

No Value

### If additional resources are needed, add a brief description and cost in the box provided.

No Value

## Resources

### Did you contact your departmental library liaison?

No

### If yes, who is your departmental library liaison?

No Value

### Did you contact the DEIA liaison?

No

### Were there any DEIA changes made to this outline?

No Value

**If yes, in what areas were these changes made:**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value