

## PE261 : Tennis I

### General Information

Author:	<ul style="list-style-type: none"><li>Erin Calderone</li></ul>
Course Code (CB01) :	PE261
Course Title (CB02) :	Tennis I
Department:	PE
Proposal Start:	Summer 2025
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000570040
Curriculum Committee Approval Date:	11/27/2024
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	PE 261 covers the beginning concepts of tennis, including the rules, terminology, and court etiquette. Students will practice fundamental groundstrokes including forehand and backhand, as well as developing skills for volley and serve.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	<ul style="list-style-type: none"><li>In-Person</li></ul>
Author:	No value
Course Family:	Racquet

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Physical Education</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

 Allow Students to Gain Credit by Exam/Challenge**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Grade with Pass / No-Pass Option

**Course Support Course Status (CB26)**

Course is not a support course

**General Education and C-ID****General Education Status (CB25)**

Not Applicable

**Transferability**

Transferable to both UC and CSU

**Transferability Status**

Approved

**CSU GE-Breadth Area**

E-Lifelong Learning and Self-Development

**Area**

Lifelong Learning and Self-Development

**Status**

Approved

**Approval Date**

No value

**Comparable Course**

No Comparable Course defined.

**Units and Hours****Summary**

<b>Minimum Credit Units (CB07)</b>	1
<b>Maximum Credit Units (CB06)</b>	1
<b>Total Course In-Class (Contact) Hours</b>	54
<b>Total Course Out-of-Class Hours</b>	0
<b>Total Student Learning Hours</b>	54

**Credit / Non-Credit Options****Course Type (CB04)**

Credit - Degree Applicable

**Noncredit Course Category (CB22)**

Credit Course.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

Credit Course.

 Variable Credit Course**Funding Agency Category (CB23)**

Not Applicable.

 Cooperative Work Experience Education Status (CB10)
**Weekly Student Hours****In Class****Out of Class****Course Student Hours****Course Duration (Weeks)**

18

Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

**Hours per unit divisor** 0

**Course In-Class (Contact) Hours**

Lecture	0
Laboratory	54
Studio	0
<b>Total</b>	<b>54</b>

**Course Out-of-Class Hours**

Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	<b>0</b>

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

No Value

**Entry Standards**

Entry Standards	Description
Identify tennis as a sport.	No Value
Perform moderate daily physical activities.	No Value
Participate in an individual and group environment.	No Value

Demonstrate and maintain a positive attitude.

No Value

## Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

## Specifications

### Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Laboratory

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Demonstrations

### Out of Class Assignments

- Self evaluation (e.g. written evaluation of goal setting and performance in tournaments and competition)
- Written analysis (e.g. summary of the physical and emotional benefits of tennis)

### Methods of Evaluation

### Rationale

Other

Practical examination (e.g. skills test)

Exam/Quiz/Test

Written final examination

Other

Participation in class individual tournament

Other

Participation in local tennis tournaments

### Textbook Rationale

No Value

## Textbooks

Author	Title	Publisher	Date	ISBN
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No Value	No Value	No Value	No Value	No Value
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## Other Instructional Materials (i.e. OER, handouts)

Description	Instructor-generated reading materials.
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Author	No value
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Citation	No value
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Online Resource(s)	No value
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## Learning Outcomes

### Course Objectives

Demonstrate proper grip, mechanics and execution of the forehand, and one or two-handed backhand groundstroke.

Demonstrate proper technique while hitting the flat serve.

Demonstrate proper technique of the forehand and backhand volley.

Describe the no-advantage and traditional method of scoring.

Describe the rules and scoring of tennis.

Describe basic singles and doubles strategy.

### SLOs

Identify and perform basic tennis strokes.

Expected Outcome Performance: 70.0

KIN Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
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<i>PE</i> Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities
<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>KIN</i> Sports Coaching-- Certificate	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.
<i>KIN</i> Sports Coaching - A.S. Degree Major	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

**Identify the basic rules, terminology, equipment and etiquette of tennis.**

Expected Outcome Performance: 70.0

<i>PE</i> Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities
<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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<i>KIN</i> Sports Coaching - A.S. Degree Major	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.
<i>KIN</i> Kinesiology - AA-T	Recognize and apply methods to develop and promote a socially healthy lifestyle

**Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment.** Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
<i>PE</i> Core PLOs	Demonstrate and apply safety rules and procedures to effectively participate in physical movement
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities
<i>KIN</i> Sports Coaching - A.S. Degree Major	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.
<i>KIN</i> Sports Coaching-- Certificate	Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

**Participate in a tennis tournament.**

Expected Outcome Performance: 70.0

PE  
Core PLOs

Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

ILOs  
Core ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

KIN  
Sports Coaching--  
Certificate

Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

KIN  
Sports Coaching - A.S.  
Degree Major

Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

**Lecture Content**

No value

**Laboratory/Studio Content**

**History of Tennis (3 hours)**

**The Forehand Drive (9 hours)**

- Purpose
- Grip
- Stance and footwork
- Swing

**The Backhand Drive (8 hours)**

- Purpose
- Grip
- Stance and footwork

- Swing
- Elementary lead-up game
- Advanced lead-up game

**The Serve (8 hours)**

- Grip
- Stance and ball toss
- Swing and footwork
- Lead-up games

**The Volley (2 hours)**

- Forehand volley
- Backhand volley

**Rules, Etiquette, and Strategy of Tennis (12 hours)**

- Scoring
- Rules and regulations
- Doubles and singles strategy
- Court etiquette
- Adaptations to the game (such as wheelchair tennis)

**Tournament Play (12 hours)**

**Total hours: 54**

**Additional Information**

**Repeatability**

Not Repeatable

**Justification (if repeatable was chosen above)**

No Value

**Is it possible this course will have a material fee?**

No Value

**I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):**

No Value

**What term(s) will this course be offered?**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

No Value

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value



## Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value