

PE262 : Tennis II

General Information

Author:	<ul style="list-style-type: none">Erin Calderone
Course Code (CB01) :	PE262
Course Title (CB02) :	Tennis II
Department:	PE
Proposal Start:	Summer 2025
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000570039
Curriculum Committee Approval Date:	11/27/2024
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	PE 262 builds on the student's fundamental knowledge of tennis rules, etiquette, basic skills, strokes, footwork, scoring and strategy. Students continue developing skills including shot placement in game situations, the lob and overhead smash, and the use of spins in fundamental strokes.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	<ul style="list-style-type: none">In-Person
Author:	No value
Course Family:	Racquet

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Physical Education
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)	Course Special Class Status (CB13)	Grading Basis
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Course is not a basic skills course.

Course is not a special class.

- Grade with Pass / No-Pass Option

Allow Students to Gain Credit by Exam/Challenge

Pre-Collegiate Level (CB21)

Course Support Course Status (CB26)

Not applicable.

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area

E-Lifelong Learning and Self-Development

Area

Lifelong Learning and Self-Development

Status

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1
Maximum Credit Units (CB06)	1
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	0
Total Student Learning Hours	54

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

Variable Credit Course

Weekly Student Hours

Course Student Hours

	In Class	Out of Class	Course Duration (Weeks)	Hours per unit divisor
Lecture Hours	0	0	18	0

Laboratory Hours	3	0
Studio Hours	0	0

Course In-Class (Contact) Hours	
Lecture	0
Laboratory	54
Studio	0
Total	54

Course Out-of-Class Hours	
Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Prerequisite

PE261 - Tennis I (in-development)

Objectives

- Demonstrate proper grip, mechanics and execution of the forehand, or one or two-handed backhand groundstroke.
- Demonstrate proper technique while hitting the flat serve.
- Demonstrate proper technique of the forehand and backhand volley.
- Describe the no-advantage and traditional method of scoring.
- Discuss the rules of tennis.
- Describe basic singles and doubles strategy.

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

Specifications

Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Laboratory

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Demonstrations

Out of Class Assignments

- Self evaluation (e.g. written evaluation of goal performance in tournaments and competition)
- Written analysis (e.g. summary and examination of rules, terminology, and court etiquette)

Methods of Evaluation

Rationale

Other

Practical examination (e.g. skills test)

Exam/Quiz/Test

Written final examination

Other

Participation in class individual tournament

Other

Participation in local tournaments

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description	Instructor-generated reading materials.
Author	No value
Citation	No value
Online Resource(s)	No value

Learning Outcomes

Course Objectives

Apply proper mechanics of the forehand and backhand groundstrokes, flat serve and volley.

Demonstrate the proper techniques of hitting a slice serve.

Demonstrate the proper techniques of hitting both the offensive and defensive lob.

Demonstrate the proper technique for hitting the overhead smash.

Demonstrate the proper technique to execute a top spin and under spin forehand and backhand ground stroke.

Demonstrate footwork skills through drills and practice.

Demonstrate movement patterns based on game situations.

SLOs

Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment. Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

<i>PE</i> Core PLOs	Demonstrate and apply safety rules and procedures to effectively participate in physical movement
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

Apply the rules, terminology, equipment, etiquette, warm-up and cool-down strategies of tennis to game-play. Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

<i>PE</i> Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

<i>KIN</i> Kinesiology - AA-T	Recognize and apply methods to develop and promote a socially healthy lifestyle
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Identify and perform variations of the fundamental strokes of tennis, and demonstrate proper use during game situations. Expected Outcome Performance: 70.0

<i>KIN</i> Kinesiology - AA-T	Demonstrate an understanding of biomechanical skills at different levels
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<i>PE</i> Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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Participate in a tennis tournament. Expected Outcome Performance: 70.0

<i>PE</i> Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

<i>ILOs</i> Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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Course Content

Lecture Content

No value

Laboratory/Studio Content

Review of Fundamental Groundstrokes (8 hours)

- Forehand
- Backhand
- Service

Review of Rules and Strategies (8 hours)

- Singles
- Doubles

The Volley (10 hours)

- Purpose
- Grip
- Stance
- Footwork
- Stroke
- Lead up drills and game

Lob (8 hours)

- Purpose
- Grip
- Stance
- Footwork
- Stroke
- Lead up drills and games

Overhead Smash (2 hours)

- Purpose
- Grip
- Stance
- Footwork
- Stroke
- Lead up drills and games

Top Spin and Under Spin Ground Stroke (8 hours)

- Purpose
- Grip
- Stance
- Footwork
- Stroke
- Lead up drills and games

Tournament Play (10 hours)

- Warm-up and cool-down strategies
- Game situations

Total hours: 54

Additional Information

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Is it possible this course will have a material fee?

No Value

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No Value

What term(s) will this course be offered?

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value