

PE263 : Tennis III

General Information

Author:	<ul style="list-style-type: none">Erin Calderone
Course Code (CB01) :	PE263
Course Title (CB02) :	Tennis III
Department:	PE
Proposal Start:	Summer 2025
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000570038
Curriculum Committee Approval Date:	11/27/2024
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	PE 263 offers students instruction and practice in advanced tennis techniques, strategy, conditioning, and preparation for tournament play of singles and/or doubles tennis. Students identify their strengths and develop strategies that fit into their own style of play, and learn counter-strategies for an opponent's style.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	<ul style="list-style-type: none">In-Person
Author:	No value
Course Family:	Racquet

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Physical Education
Alternate Discipline:	<ul style="list-style-type: none">Coaching
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

CSU GE-Breadth Area

E-Lifelong Learning and Self-Development

Area

Lifelong Learning and Self-Development

Status

Approved

Approval Date

No value

Comparable Course

No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)	1
Maximum Credit Units (CB06)	1
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	0
Total Student Learning Hours	54

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0

Course In-Class (Contact) Hours

Lecture	0
Laboratory	54
Studio	0
Total	54

Course Out-of-Class Hours

Lecture	0
Laboratory	0
Studio	0
Total	0

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Prerequisite

PE262 - Tennis II (in-development)

Objectives

- Apply proper mechanics of the forehand and backhand groundstrokes, flat serve and volley.
- Demonstrate the proper techniques of hitting a slice serve.
- Demonstrate the proper techniques of hitting both the offensive and defensive lob.
- Demonstrate the proper technique for hitting the overhead smash.
- Demonstrate the proper technique to execute a top spin and under spin forehand and backhand ground stroke.
- Demonstrate footwork skills through drills and practice.
- Demonstrate movement patterns based on game situations.

Entry Standards

Entry Standards

Description

No value

No value

Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

Specifications

Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Laboratory

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Demonstrations

Out of Class Assignments

- Participate in match play (2 out of 3 sets)
- Participate in local tennis tournaments
- Self evaluation (e.g. written evaluation of goal performance in tournaments and competition)
- Written analysis (e.g. analysis of match play at professional or Division I and II collegiate matches)

Methods of Evaluation

Rationale

Other

Practical examination (e.g. skills test)

Exam/Quiz/Test	Written midterm examination
Exam/Quiz/Test	Written final examination
Other	Participation in United States Tennis Association (USTA) tournaments

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

Other Instructional Materials (i.e. OER, handouts)

Description	Instructor-generated reading materials.
Author	No value
Citation	No value
Online Resource(s)	No value

Learning Outcomes

Course Objectives

Apply advanced various training drills to improve speed, agility, power, accuracy, and cardiovascular fitness.

Demonstrate an advanced match play level: show knowledge of strategy skill ability to compete at the advanced level.

Utilize various advanced training drills to demonstrate improved foundational and intermediate skills.

Apply and adapt game strategies in match play situations.

SLOs

Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment. Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

PE Demonstrate and apply safety rules and procedures to effectively participate in physical movement

Core

PLOs Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

Develop and apply advanced strategies of tennis to practice and game-play.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

PE Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

Core

PLOs Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

Integrate variations of the fundamental strokes of tennis, and their proper use during game situations.

Expected Outcome Performance: 70.0

ILOs Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

PE Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

Core

PLOs Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

Compete in a tennis tournament.

Expected Outcome Performance: 70.0

PE Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

Core

PLOs Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of team activities

ILOs Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

ILOs

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

No value

Laboratory/Studio Content

Review of Rules and Strategies (8 hours)

- Singles
- Doubles
- Mixed doubles
- Advanced strategies of gameplay

Review of Strokes (12 hours)

- Forehand
- Backhand
- Service
- Return of serve
- Volley
- Overhead
- Various drills to improve fundamental skills

Half Volley (12 hours)

- Purpose
- Grip
- Stance
- Footwork
- Lead up drills and games

Drop Shot (10 hours)

- Purpose
- Grip
- Stance
- Footwork
- Lead up drills and games

Developing Advanced Techniques (6 hours)

- Kick serve
- Heavy topspin
- Match strategy

Match and Tournament Play (6 hours)

- Equipment review
- Purpose and benefits of preparation
- Strategies for various types of tournaments (e.g. elimination vs. round robin)
- Nutrition and hydration strategies

Total hours: 54

Additional Information

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Is it possible this course will have a material fee?

No Value

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No Value

What term(s) will this course be offered?

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value