

COMM100 : Interpersonal Communication

General Information

Author:	<ul style="list-style-type: none">Nancy Traynor
Course Code (CB01) :	COMM100
Course Title (CB02) :	Interpersonal Communication
Department:	COMM
Proposal Start:	Fall 2025
TOP Code (CB03) :	(1506.00) Speech Communication
CIP Code:	(09.0101) Speech Communication and Rhetoric.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000323539
Curriculum Committee Approval Date:	04/09/2025
Board of Trustees Approval Date:	Pending
Last Cyclical Review Date:	04/01/2020
Course Description and Course Note:	<p>COMM 100 is an introductory course focusing on human communication between two people. Through their reading of research-based theories and principles of interpersonal communication, verbal and nonverbal communication exercises, and class discussions regarding personal identities and ethical conduct, students learn to identify and understand factors affecting interpersonal communication in personal and professional contexts. The course focuses on self-discovery and developing skills in the areas of language, listening, assertiveness, conflict management, nonverbal behaviors, group problem solving, and cross cultural communication. Students discover and identify the factors that influence communication behavior, and the establishment and maintenance of meaningful and necessary relationships.</p>
Justification:	Content Change
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	No value
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Speech Communication
Alternate Discipline:	No value
Alternate Discipline:	No value

File Upload

File Upload

No Value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade Only

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

GE Status A2, A3, 1A, 1B

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

C-ID	Area	Status	Approval Date	Comparable Course
COMM	Communications Studies	Not Transferable	No value	No Comparable Course defined.
C-ID	Area	Status	Approval Date	Comparable Course
COMM	Communications Studies	Approved	08/25/2014	COMM 130 - Interpersonal Communication

Units and Hours

Summary

Minimum Credit Units (CB07)	3
Maximum Credit Units (CB06)	3
Total Course In-Class (Contact) Hours	54
Total Course Out-of-Class Hours	108
Total Student Learning Hours	162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks)	18
Hours per unit divisor	0
Course In-Class (Contact) Hours	
Lecture	54
Laboratory	0
Studio	0
Total	54

Course Out-of-Class Hours

Lecture	108
Laboratory	0
Studio	0
Total	108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Advisory

ESL151 - Reading And Composition V

Objectives

- Organize fully-developed essays in both expository and argumentative modes.

- Compose a 500 to 550-word essay which: summarizes and cites appropriately a reading passage; includes a clear thesis statement; uses evidence to support the thesis; shows clear organization into an introduction, body, and conclusion.
- Employ basic library research techniques.

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

Requisite Validation

Upload Statistical Validation and/or other documents (if necessary)

No Value

Specifications

Methods of Instruction

Methods of Instruction	Lecture
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Methods of Instruction	Discussion
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Methods of Instruction	Multimedia
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Methods of Instruction	Collaborative Learning
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Methods of Instruction	Presentations
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Out of Class Assignments

1 essays that respond, explain, analyze, argue, and/or evaluate a communication principle (e.g., explain how nonverbal communication can affect a receiver's interpretation of verbal communication);
2 reading assignments from textbooks and/or journal articles;
3 quizzes
4 journaling

Methods of Evaluation

Activity (answering journal prompt, group activity)

Presentation (group or individual)

Writing Assignment

Project/Portfolio

Exam/Quiz/Test

Exam/Quiz/Test

Rationale

discussions and active participation in group activities;

oral presentations;

written work;

oral and written assignments of sufficient length and complexity to require students to demonstrate independent research, organization, critical thinking, and communication skills;

quizzes

comprehensive final exam.

Textbook Rationale

No Value

Textbooks

Author	Title	Publisher	Date	ISBN
DeVito, Joseph	Human Communication: The Basic Course	Pearson	2017	978-0134407081
Adler, Ronald	Interplay: The process of Interpersonal Communication	Oxford University Press	2017	978-0190646257

Other Instructional Materials (i.e. OER, handouts)

Description	An introduction to interpersonal communication: A primer on Communication Studies
Author	Leonard, Victoria
Citation	No value
Online Resource(s)	No value

Learning Outcomes

Course Objectives

Describe ways that verbal and nonverbal communication creates, develops, and changes personal identity;

describe the effects of verbal and nonverbal communication on interpersonal relationships within social and cultural realities;

demonstrate an understanding of ethical interpersonal communication founded on communication theory and research;

identify potential conflicts in interpersonal relationships within various contexts;

demonstrate appropriate conflict management methods.

SLOs

Explain how their self-concept impacts their communication in relationships

Expected Outcome Performance: 70.0

COMM
Speech/Communication - A.A.
Degree Major

Apply critical thinking skills in the areas of speaking and listening

Demonstrate increased appreciation of the speech communication process

BIOL
Health Science AS Degree

Be well-prepared for courses in the health science professions

BIOL
Health Science - A.S. Degree
Major

Be well-prepared for courses in the health science professions

ILOs
Core ILOs

Communicate clearly, ethically, and creatively; listen actively and engage respectfully with others; consider situational, cultural, and personal contexts within or across multiple modes of communication.

Practice ethical and responsible behavior within personal, academic, professional, social, and societal contexts; recognize and welcome diverse lifestyle choices that promote physical, intellectual, psychological, and social well-being.

Identify and model effective interpersonal communication practices

Expected Outcome Performance: 70.0

COMM
Speech/Communication - A.A.
Degree Major

Apply critical thinking skills in the areas of speaking and listening

Demonstrate increased appreciation of the speech communication process

BIOL
Health Science - A.S. Degree
Major

Be well-prepared for courses in the health science professions

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Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No Value

Is this proposal submitted in response to learning outcomes assessment data?

No Value

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Introduction to Communication (7 hrs)

- Orientation and overview of theories of interpersonal communication
- Definitions (e.g. communication process models)
- Types and levels of communication
- Models, contexts, and variables of interpersonal communication
- Ethical considerations in interpersonal communication

Intrapersonal Communication (14 hrs)

- Perceptions and communication
- Attitudes and communication
- Language reality and communication
- Improving language behavior

Interpersonal Communication and Self Identity (12 hrs)

- Principles and theories of interpersonal communication
- Attraction and interpersonal communication
- Listening and feedback in interpersonal communication
- Assertiveness and conflict management in interpersonal communication

Nonverbal Communication (7 hrs)

- Characteristics of non-verbal communication
- Kinesics and proxemics
- Visual interaction
- Vocalization/paralanguage

Small Group Communication (8 hrs)

- The nature of small group communication
- Types of group communication
- Members in group communication
- Leaders in group communication
- Conflict management/resolution

Intercultural Communication (6 hrs)

- Social realities
- Perspectives

- Conflicts
- Communication variables

Total instructional hours: 54

Additional Information

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Is it possible this course will have a material fee?

No Value

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):

No Value

What term(s) will this course be offered?

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value