

PSYC131 : Marriage And Intimate Relationships

General Information

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Course Code (CB01) :	PSYC131
Course Title (CB02) :	Marriage And Intimate Relationships
Department:	PSYCH
Proposal Start:	Fall 2025
TOP Code (CB03) :	(2001.00) Psychology, General
CIP Code:	(42.0101) Psychology, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	Yes
Course Control Number (CB00) :	CCC000309845
Curriculum Committee Approval Date:	11/27/2024
Board of Trustees Approval Date:	01/21/2025
Last Cyclical Review Date:	11/27/2024
Course Description and Course Note:	PSYC 131 provides students with a psychological analysis of the family, including historical and recent changes, present nature and the sociocultural and economic forces shaping these changes. Major topics will include single adulthood vs. married adulthood, the nature of historical and contemporary marriages, marital compatibility and conflict, marital adjustment, family dynamic interactions, including kinship roles, children vs. childless marriage, child-rearing techniques, dissolution and speculations concerning the future of the family. Note: This course may not be taken for credit by students who have completed SOC 131.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none">Credit
Mode of Delivery:	<ul style="list-style-type: none">In-PersonRemoteHybridOnline
Author:	No value
Course Family:	No value

Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none">Psychology
Alternate Discipline:	No value
Alternate Discipline:	No value

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to both UC and CSU

Transferability Status

Approved

IGETC Area

4J-Sociology & Criminology

Area

Sociology & Criminology

Status

Approved

Approval Date

09/03/2013

Comparable Course

No Comparable Course defined.

CSU GE-Breadth Area

D0-Sociology and Criminology

Area

Sociology and Criminology

Status

Approved

Approval Date

09/03/2013

Comparable Course

No Comparable Course defined.

E-Lifelong Learning and Self-Development

Lifelong Learning and Self-Development

Approved

No value

C-ID

SOCI

Area

Sociology

Status

Approved

Approval Date

09/03/2019

Comparable Course

SOCI 130 - Introduction to Marriage and Family

Units and Hours

Summary

Minimum Credit Units (CB07)

3

Maximum Credit Units (CB06)

3

Total Course In-Class (Contact) Hours

54

Total Course Out-of-Class Hours

108

Total Student Learning Hours 162

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

Weekly Student Hours

	In Class	Out of Class
Lecture Hours	3	6
Laboratory Hours	0	0
Studio Hours	0	0

Course Student Hours

Course Duration (Weeks) 18

Hours per unit divisor 0

Course In-Class (Contact) Hours

Lecture 54

Laboratory 0

Studio 0

Total 54

Course Out-of-Class Hours

Lecture 108

Laboratory 0

Studio 0

Total 108

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

Advisory

ENGLC1000 - Academic Reading and Writing (in-development)

Objectives

- Analyze stylistic choices in their own writing and the writing of others.
- Write timed, in-class essays exhibiting acceptable college-level control of mechanics, organization, development, and coherence.
- Integrate the ideas of others through paraphrasing, summarizing, and quoting without plagiarism.
- Find, evaluate, analyze, and interpret primary and secondary sources, incorporating them into written essays using appropriate documentation format.
- Proofread and edit essays for presentation so they exhibit no disruptive errors in English grammar, usage, or punctuation.

Entry Standards

Entry Standards	Description
No value	No value

Course Limitations

Cross Listed or Equivalent Course	Description
SOC 131	No Value

Specifications

Methods of Instruction	
Methods of Instruction	Lecture
Methods of Instruction	Discussion
Methods of Instruction	Multimedia
Methods of Instruction	Collaborative Learning
Methods of Instruction	Demonstrations
Methods of Instruction	Field Activites (Trips)

Methods of Instruction	Guest Speakers
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Methods of Instruction	Presentations
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Out of Class Assignments
<ul style="list-style-type: none"> Research papers using primary and secondary sources (i.e., theoretical analysis of the relatively high divorce rate in the U.S.)

Methods of Evaluation	Rationale
Exam/Quiz/Test	Unit examinations
In-Class Activity (answering journal prompt, group activity)	Class participation in individual or group tasks to practice course exit standards
In-Class Activity (answering journal prompt, group activity)	Peer review of class participation in individual or group tasks to practice course exit standards
In-Class Writing Assignment	Research papers (i.e., theoretical analysis of the relatively high divorce rate in the U.S.)
Exam/Quiz/Test	Midterm examination
Presentation (group or individual)	Student presentations or projects (i.e., presentations on the different aspects of marriage)
Exam/Quiz/Test	Final examination

Textbook Rationale
No Value

Textbooks				
Author	Title	Publisher	Date	ISBN
Thomas Bradbury and Benjamin Karney	Intimate Relationships (4th ed)	Norton	2024	978-1324070672

Other Instructional Materials (i.e. OER, handouts)
No Value

Learning Outcomes
Course Objectives

Demonstrate an understanding of major psychological theories related to intimate relationships and the social institution of the family.

Identify and discuss intimate relationships from cross-cultural, historical, and political perspectives.

Identify and understand the various kinship and family arrangements.

Identify the intersection among race, ethnicity, class, immigration status, age, class, gender, and sexuality within the family.

SLOs

Compare and contrast cross-cultural and cross-societal marriages.	Expected Outcome Performance: 70.0
Describe and evaluate changing marital, partnership, and family roles from historical and cultural perspectives.	Expected Outcome Performance: 70.0
Analyze intimate relationships and family dynamics according to current family and couple theorists.	Expected Outcome Performance: 70.0
Identify and assess California laws relating to marriage, dissolution, annulment and adoption.	Expected Outcome Performance: 70.0

Course Content

Lecture Content

The Social Contexts of Marriage and Family (27 hours)

- History of Marriage and Family
- Early History: Recurrent Themes
- Colonial America
- The Victorian Family - 19th Century
- Families in Transition - 20th Century
- Families of the Future - 21st Century
- The Choice to Marry
- The Single Adult Lifestyle: Sexual and Emotional Options
- Intermediate Relationships: Living Apart with Commitment
- Marriage as a Lifestyle: Lifetime Commitment
- Developing a Relationship
- Romantic Love vs. Mature Love
- Pre-marital Sexuality
- Creating Intimacy
- Gender Roles in Marriage and Family
- Biological Sexual Differences
- Traditional Gender Role Patterns in Marriage and Family
- Non Traditional Gender Role Patterns in Marriage and Family
- Economics of Marriage and Family
- Families and Work
- Planning for Family Consumption
- Planning for Family in Other Cultures
- Legal Contracts in Marriage
- Marriage and Family in Other Cultures
- Western Societies
- Eastern Societies

The Psychological Contexts of Marriage and Family (27 hours)

- Communication and Conflict • Components of Communication
- Process of Communication
- Conflict Resolution Techniques

- Family Planning
- Childfree Marriage
- Stages of Parenting: Pregnancy, Labor and Delivery
- Single Child Family
- Marriage and children
- Stages of childhood development
- Parenthood Preparation
- Pregnancy and childbirth
- Early years with children
- Adolescence: the challenge for parents
- The Empty Nest Era - restructuring the marriage
- Dysfunctional Families
- Child abuse: causes and prevention
- Spousal abuse: causes and prevention
- Emotional abuse in families
- Sexual abuse in families
- Marital Dissolution
- Legal and social aspects of dissolution
- Emotional aspects of dissolution
- Post-dissolution parenting choices
- The Blended Family • Parental dating options (post-dissolution)
- Remarriage • Step-parenting: roles and issues
- Alternative Family Styles
- Non-traditional Marriage
- Cohabitation
- Gay families
- Bi-cultural families

Total hours: 54

Additional Information

Repeatability

Not Repeatable

Justification (if repeatable was chosen above)

No Value

Is it possible this course will have a material fee?

No Value

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No Value

What term(s) will this course be offered?

No Value

Will any additional resources be needed for this course? (Click all that apply)

No Value

If additional resources are needed, add a brief description and cost in the box provided.

No Value

Resources

Did you contact your departmental library liaison?

No

If yes, who is your departmental library liaison?

No Value

Did you contact the DEIA liaison?

No

Were there any DEIA changes made to this outline?

No

If yes, in what areas were these changes made:

No Value

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value