

## PE202 : Golf I

### General Information

Author:	<ul style="list-style-type: none"><li>Erin Calderone</li></ul>
Course Code (CB01) :	PE202
Course Title (CB02) :	Golf I
Department:	PE
Proposal Start:	Spring 2026
TOP Code (CB03) :	(0835.00) Physical Education
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000574532
Curriculum Committee Approval Date:	02/26/2025
Board of Trustees Approval Date:	04/22/2025
Last Cyclical Review Date:	02/26/2025
Course Description and Course Note:	PE 202 introduces students to the fundamentals of golf. Students receive an overview of equipment, rules and etiquette, proper swing technique, and mental aspects of game play, while practicing skills at the golf range or on the course. This course is conducted at an off-campus golf facility. Note: Each student must pay a golf course facilities fee and provide their own golf clubs.
Justification:	Mandatory Revision
Academic Career:	<ul style="list-style-type: none"><li>Credit</li></ul>
Mode of Delivery:	<ul style="list-style-type: none"><li>In-Person</li></ul>
Author:	No value
Course Family:	Golf

### Academic Senate Discipline

Primary Discipline:	<ul style="list-style-type: none"><li>Physical Education</li></ul>
Alternate Discipline:	No value
Alternate Discipline:	No value

## Course Development

### Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

### Course Special Class Status (CB13)

Course is not a special class.

### Pre-Collegiate Level (CB21)

Not applicable.

### Grading Basis

- Grade with Pass / No-Pass Option

### Course Support Course Status (CB26)

Course is not a support course

## General Education and C-ID

### General Education Status (CB25)

Not Applicable

### Transferability

Transferable to both UC and CSU

### Transferability Status

Approved

### CSU GE-Breadth Area

E-Lifelong Learning and Self-Development

### Area

Lifelong Learning and Self-Development

### Status

Approved

### Approval Date

No value

### Comparable Course

No Comparable Course defined.

## Units and Hours

### Summary

<b>Minimum Credit Units (CB07)</b>	1
<b>Maximum Credit Units (CB06)</b>	1
<b>Total Course In-Class (Contact) Hours</b>	54
<b>Total Course Out-of-Class Hours</b>	0
<b>Total Student Learning Hours</b>	54

### Credit / Non-Credit Options

#### Course Type (CB04)

Credit - Degree Applicable

#### Noncredit Course Category (CB22)

Credit Course.

#### Noncredit Special Characteristics

No Value

#### Course Classification Code (CB11)

Credit Course.

#### Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Variable Credit Course

## Weekly Student Hours

	In Class	Out of Class
Lecture Hours	0	0
Laboratory Hours	3	0
Studio Hours	0	0

## Course Student Hours

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	0

### Course In-Class (Contact) Hours

Lecture	0
Laboratory	54
Studio	0
<b>Total</b>	54

### Course Out-of-Class Hours

Lecture	0
Laboratory	0
Studio	0
<b>Total</b>	0

## Time Commitment Notes for Students

No value

## Units and Hours - Weekly Specialty Hours

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

## Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

## Entry Standards

Entry Standards	Description
Identify golf as a sport.	No Value
Perform moderate daily physical activities.	No Value
Participate in an individual and group environment.	No Value

Demonstrate and maintain a positive attitude.

No Value

## Course Limitations

Cross Listed or Equivalent Course

Description

No value

No value

## Specifications

### Methods of Instruction

Methods of Instruction

Lecture

Methods of Instruction

Laboratory

Methods of Instruction

Discussion

Methods of Instruction

Multimedia

Methods of Instruction

Demonstrations

### Out of Class Assignments

- Self-evaluation (e.g. analysis of individual performance of a golf swing)
- Written analysis (e.g. summary and examination of the physical and emotional benefits of golf)

### Methods of Evaluation

### Rationale

Other

Practical examination

Exam/Quiz/Test

Written examination

Other

Completion of a 9-hole golf course

### Textbook Rationale

No Value

### Textbooks

Author	Title	Publisher	Date	ISBN
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No Value	No Value	No Value	No Value	No Value
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### Other Instructional Materials (i.e. OER, handouts)

Description	USGA Rules of Golf
Author	United States Golf Association
Citation	No value
Online Resource(s)	<a href="https://www.usga.org/rules/rules-and-clarifications/rules-and-clarifications.html">https://www.usga.org/rules/rules-and-clarifications/rules-and-clarifications.html</a>

## Learning Outcomes

### Course Objectives

Recite the rules and regulations governing golf.

Use golf terminology and golf course etiquette on the golf course.

Execute the fundamental golf swing using various clubs.

Apply basic physical principles as they apply to golf.

Discuss the mental aspects of golf as they apply to successful play.

### SLOs

Describe the basic rules of golf.

Expected Outcome Performance: 70.0

PE Core PLOs	Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities
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ILOs Core ILOs	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.
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*KIN*  
Sports Coaching - A.S.  
Degree Major

Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

*KIN*  
Sports Coaching--  
Certificate

Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

**Complete one round of golf at a beginning level of play.**

Expected Outcome Performance: 70.0

*PE*  
Core PLOs

Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

*ILOs*  
Core ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

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Degree Major

Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

**Demonstrate beginning level proficiency in fundamental golf skills.**

Expected Outcome Performance: 70.0

*KIN*  
Kinesiology - AA-T

Demonstrate an understanding of biomechanical skills at different levels

*PE*  
Core PLOs

Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

*ILOs*  
Core ILOs

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*KIN*  
Sports Coaching--  
Certificate

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Degree Major

Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

**Demonstrate and apply safety rules and procedures to effectively participate in a physical movement environment.**

Expected Outcome Performance: 70.0

*ILOs*  
Core ILOs

Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*PE*  
Core PLOs

Demonstrate and apply the fundamental skills, knowledge, etiquette and vocabulary used in the practice and performance of individual activities

*KIN*  
Sports Coaching--  
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Evaluate, compare and examine skill development, different types of tactics and strategies, coaching philosophies, leadership styles, and practice organization to enhance the growth of student-athletes.

*KIN*  
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Degree Major

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## Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

**SLO Evidence**

No Value

## Course Content

**Lecture Content**

No value

**Laboratory/Studio Content**

**Introduction (4 hours)**

- Cultural significance of golf
- Rules of golf course play
- Safety and golf course etiquette

**Equipment and Terminology (4 hours)**

- Golf Terminology
- Golf clubs
- Woods
- Irons
- Putters
- Other Accouterments used in golf

**Fundamentals of the Golf Swing (10 hours)**

- Grip
- Stance and posture
- Set-up
- Back-swing
- Down-swing
- Follow-through

**Special Shots (12 hours)**

- Putting
- Chip shot
- Pitch shot
- Bunker shot
- Trouble shot

**Conditioning Drills (16 hours)**

- Driving
- Putting

**Mental Aspects of Golf (8 hours)**

- The inner game of golf

- Shot strategy

**Total hours: 54**

## Additional Information

### Repeatability

Not Repeatable

### Justification (if repeatable was chosen above)

No Value

### Is it possible this course will have a material fee?

No

### I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No Value

### What term(s) will this course be offered?

Fall/Spring

### Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value

## Resources

### Did you contact your departmental library liaison?

Yes

### If yes, who is your departmental library liaison?

Becka Cooling (Kinesiology, Social Sciences)

### Did you contact the DEIA liaison?

No

### Were there any DEIA changes made to this outline?

No

**If yes, in what areas were these changes made:**

No Value

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value