

# Glendale College

## Course Outline of Record Report

Course ID 003071  
Revision - November 2025

### ATHPE127 : Men's Intercollegiate Soccer

#### General Information

Author:	• Erin Calderone
Course Code (CB01) :	ATHPE127
Course Title (CB02) :	Men's Intercollegiate Soccer
Department:	ATHPE
Proposal Start:	Fall 2026
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	E - Non-Occupational
Distance Education Approved:	No
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000567875
Curriculum Committee Approval Date:	11/12/2025
Board of Trustees Approval Date:	12/09/2025
Last Cyclical Review Date:	08/01/2020
Course Description and Course Note:	ATHPE 127 is an advanced course designed for students who plan to compete at the collegiate level in the sport of men's soccer. This course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Student-athletes are required to meet the standards of the California Community College Athletic Association (CCCAA) eligibility guidelines and decorum policies. Student-athletes will need to be familiar with both the Federation International Football Association (FIFA) and the National Collegiate Athletic Association (NCAA). Note: ATHPE 127 is designed for the intercollegiate men's soccer team. Note: May be taken 4 times for credit.
Justification:	Content Change
Academic Career:	• Credit
Mode of Delivery:	No value
Author:	No value
Course Family:	No value

#### Academic Senate Discipline

Primary Discipline:	• Coaching
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Grade with Pass / No-Pass Option

**Course Support Course Status (CB26)**

Course is not a support course

### General Education and C-ID

**General Education Status (CB25)**

Not Applicable

**Transferability**

Transferable to both UC and CSU

**Transferability Status**

Approved

**CSU GE-Breadth Area**

E-Lifelong Learning and Self-Development

**Area**

Lifelong Learning and Self-Development

**Status**

Approved

**Approval Date**

No value

**Comparable Course**

No Comparable Course defined.

**GCC General Education Requirements**

Area 8: Lifelong Learning

**Area**

Lifelong Learning

**Status**

Pending

**Approval Date**

No value

**Comparable Course**

No Comparable Course defined.

### Units and Hours

#### Summary

**Minimum Credit Units (CB07)**

4

**Maximum Credit Units (CB06)**

4

**Total Course In-Class (Contact) Hours**

180

**Total Course Out-of-Class Hours**

36

**Total Student Learning Hours**

216

#### Credit / Non-Credit Options

**Course Type (CB04)**

Credit - Degree Applicable

**Noncredit Course Category (CB22)**

Credit Course.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

Credit Course.

Variable Credit Course

**Funding Agency Category (CB23)**

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

**Weekly Student Hours**

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	9	0
Studio Hours	0	0

**Course Student Hours**

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	162
Studio	0
<b>Total</b>	180
<b>Course Out-of-Class Hours</b>	
Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	36

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

No Value

**Entry Standards**

Entry Standards	Description
Apply a variety of offensive and defensive skills appropriate for intercollegiate soccer.	No Value

Integrate NCAA and FIFA rules and CCCAA decorum polices into weekly competition.	No Value
Display cardiovascular health, muscular strength and endurance.	No Value
Utilize verbal communication necessary for collegiate competition.	No Value
Demonstrate how to apply workable solutions within a team environment.	No Value

### Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

### Requisite Validation

<b>Upload Statistical Validation and/or other documents (if necessary)</b>
No Value

### Specifications

<b>Methods of Instruction</b>	
Methods of Instruction	Lecture
Methods of Instruction	Laboratory
Methods of Instruction	Discussion
Methods of Instruction	Multimedia

<b>Methods of Instruction</b>	Collaborative Learning			
<b>Methods of Instruction</b>	Demonstrations			
<b>Methods of Instruction</b>	Guest Speakers			
<b>Out of Class Assignments</b>				
<ul style="list-style-type: none"> <li>• Game evaluation (e.g. written evaluations regarding positive and negative performances with player feedback)</li> <li>• Goal setting (e.g. written re-evaluation of goal performance every week)</li> <li>• Game analysis (e.g. written summary and review of game film both team and individual)</li> </ul>				
<b>Methods of Evaluation</b>	<b>Description of Activity/Interaction</b>			
Other	Demonstration evaluations (e.g. touch and go passing)			
In-Class Writing Assignment	Video movement analysis			
Other	Weekly competition			
Exam/Quiz/Test	Written play exams (e.g. diagram test for defense)			
<b>Textbook Rationale</b>				
No Value				
<b>Textbooks</b>				
<b>Author</b>	<b>Title</b>	<b>Publisher</b>	<b>Date</b>	<b>ISBN</b>
National Collegiate Athletic Association.	Soccer 2019-2020 Rules and Interpretations.	National Collegiate Athletic Association.	2019	
<b>Other Instructional Materials (i.e. OER, handouts)</b>				
<b>Description</b>	Laws of the Game, 2018-2019			
<b>Author</b>	Federal International Football Association			
<b>Citation</b>	No value			
<b>Online Resource(s)</b>	No value			

<b>Learning Outcomes</b>
<b>Course Objectives</b>

Identify and analyze concepts of individual strategies.

Identify and analyze concepts of team strategies.

Utilize and apply film analysis and simulated game situations for competition.

Show advanced collegiate level skills.

Review and practice offensive schemes.

Review and practice defensive schemes.

Breakdown and apply practical and general knowledge of the game of soccer.

Model and apply practical and general knowledge of rules and decorum policies.

Integrate conditioning and weight training into daily practices.

Recognize the role of nutrition in athletic performance.

Demonstrate the ability to work with a team as a unit and develop team concepts.

**SLOs**

**Demonstrate and apply safety rules and procedures to effectively participate in a collegiate sport.** Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate  
*Core* creativity that leads to innovative ideas.  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Demonstrate and apply safety rules and procedures to effectively participate in physical movement.  
*Core*  
*PLOs*

**Integrate and execute advanced cooperative skills needed to perform at a high level of play.** Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

<i>ATHPE</i> Core PLOs	Integrate and execute advanced cooperative skills needed to perform at a high level of play.
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### Implement and apply technical and tactical skills necessary for collegiate competition.

Expected Outcome Performance: 70.0

<i>ILOs</i> Core ILOs	Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.
	Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

<i>ATHPE</i> Core PLOs	Implement and apply conditioning, weight training, and sport specific skills necessary for collegiate competition.
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## Additional SLO Information

### Does this proposal include revisions that might improve student attainment of course learning outcomes?

No Value

### Is this proposal submitted in response to learning outcomes assessment data?

No Value

### If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

### SLO Evidence

No Value

## Course Content

### Lecture Content

#### Team Philosophies and Rules (4 hours)

- Sportsmanship
- Team rules
- Individual/team goal setting
- NCAA rules and regulations
- CCCAA Decorum Policies
- FIFA rules and regulations
- Training room policies for treatment

#### Safety for Men's Soccer (4 hours)

- Proper soccer equipment
- Proper soccer attire

- Proper warm-up
- Injury prevention

#### **Understanding Team Dynamics (4 hours)**

- Creating a positive environment
- Effective communication under stress

#### **Nutritional for the Competitive Athlete (4 hours)**

- Eating balanced meals
- Carbohydrate and protein combinations
- Packing smart snacks
- Supplements: Good or bad
- Hydration

#### **Definitions of Diversity, Inclusion, inequality and discrimination in Sports Competition (2 hours)**

- Gender
- Race/ethnicity
- Sexuality
- Religion

**Total hours: 18**

### **Laboratory/Studio Content**

#### **Fundamental Conditioning for Men's Soccer (18 hours)**

- Agility
- Coordination
- Specific muscle group development •
- Muscular and cardiovascular endurance
- Plyometric
- Core training
- Balance and stability

#### **Advanced Fundamental Skills in Men's Soccer (48 hours)**

- Passing
- Arch passing
- Lace passing
- Outside foot passing
- Trapping
- Arch trapping
- Thigh trapping
- Chest trapping
- Kicking
- Power kicking
- Arch kicking
- Lace kicking
- Dribbling
- Fade dribbling
- Change of direction
- Right to left dribbling
- Single foot dribbling
- Individual defensive techniques
- Stance
- Sliding
- Positioning
- Boxing out
- Heading
- Proper technique
- Heading to pass
- Goal keeping
- Ball distribution: hands or foot
- Catching ball
- Blocking ball
- Goal kick
- Fundamentals of goal keeping

**Offense Strategies for Intercollegiate Men's Soccer Competition (45 hours)**

- Creating space
- Individual
- Team
- Passing and support
- Attacking
- Flank and diagonal crosses
- Central positioning
- Corner kick plays
- Free kick plays
- Throw-in plays

**Defense Strategies for Intercollegiate Men's Soccer Competition (51 hours)**

- Defending space
- Individual
- Team
- Zone defense
- Man to man defense
- Transition from defense to offense
- Defending of the goal
- Changing defense
- Principles of pressure, cover, and balance

**Total hours: 162****Additional Information****Repeatability**

Repeatable

**Justification (if repeatable was chosen above)**

Intercollegiate athletics (must have ATHPE prefix and intercollegiate TOP code of 0835.50)

**Is it possible this course will have a material fee?**

No

**I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):**

No

**What term(s) will this course be offered?**

Fall

**Will any additional resources be needed for this course? (Click all that apply)**

- No

**If additional resources are needed, add a brief description and cost in the box provided.**

No Value