

# Glendale College

## Course Outline of Record Report

Course ID 010258  
Revision - November 2025

### ATHPE122 : Intercollegiate Men's Golf

#### General Information

Author:	• Erin Calderone
Attachments:	DE Addendum Emergency Online_ATHPE_122 COR_9:27:2023 CoDE_11:28:2023.pdf
Course Code (CB01) :	ATHPE122
Course Title (CB02) :	Intercollegiate Men's Golf
Department:	ATHPE
Proposal Start:	Fall 2026
TOP Code (CB03) :	(0835.50) Intercollegiate Athletics
CIP Code:	(31.0501) Sports, Kinesiology, and Physical Education/Fitness, General.
SAM Code (CB09) :	E - Non-Occupational
Distance Education Approved:	Yes
Will this course be taught asynchronously?:	No
Course Control Number (CB00) :	CCC000574438
Curriculum Committee Approval Date:	11/12/2025
Board of Trustees Approval Date:	12/09/2025
Last Cyclical Review Date:	09/27/2023
Course Description and Course Note:	ATHPE 122 is an advanced course designed for students who plan to compete at the collegiate level in the sport of men's golf. This course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Student-athletes are required to meet the standards of the California Community College Athletic Association (CCCAA) eligibility guidelines and decorum policies. Note: ATHPE 122 is designed for the intercollegiate men's golf team. May be taken 4 times for credit. Each student-athlete must provide their own golf clubs.
Justification:	Content Change
Academic Career:	• Credit
Mode of Delivery:	No value
Author:	No value
Course Family:	No value

#### Academic Senate Discipline

Primary Discipline:	• Coaching
Alternate Discipline:	No value
Alternate Discipline:	No value

### Course Development

**Basic Skill Status (CB08)**

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

**Course Special Class Status (CB13)**

Course is not a special class.

**Pre-Collegiate Level (CB21)**

Not applicable.

**Grading Basis**

- Grade with Pass / No-Pass Option

**Course Support Course Status (CB26)**

Course is not a support course

### General Education and C-ID

**General Education Status (CB25)**

Not Applicable

**Transferability**

Transferable to both UC and CSU

**Transferability Status**

Approved

**CSU GE-Breadth Area**

E-Lifelong Learning and Self-Development

**Area**

Lifelong Learning and Self-Development

**Status**

Approved

**Approval Date**

08/28/2023

**Comparable Course**

No Comparable Course defined.

**GCC General Education Requirements**

Area 8: Lifelong Learning

**Area**

Lifelong Learning

**Status**

Pending

**Approval Date**

No value

**Comparable Course**

No Comparable Course defined.

### Units and Hours

**Summary**

**Minimum Credit Units (CB07)**

4

**Maximum Credit Units (CB06)**

4

**Total Course In-Class (Contact) Hours**

180

**Total Course Out-of-Class Hours**

36

**Total Student Learning Hours**

216

**Credit / Non-Credit Options**

**Course Type (CB04)**

Credit - Degree Applicable

**Noncredit Course Category (CB22)**

Credit Course.

**Noncredit Special Characteristics**

No Value

**Course Classification Code (CB11)**

Credit Course.

Variable Credit Course

**Funding Agency Category (CB23)**

Not Applicable.

Cooperative Work Experience Education

Status (CB10)

**Weekly Student Hours**

	In Class	Out of Class
Lecture Hours	1	2
Laboratory Hours	9	0
Studio Hours	0	0

**Course Student Hours**

<b>Course Duration (Weeks)</b>	18
<b>Hours per unit divisor</b>	54
<b>Course In-Class (Contact) Hours</b>	
Lecture	18
Laboratory	162
Studio	0
<b>Total</b>	180
<b>Course Out-of-Class Hours</b>	
Lecture	36
Laboratory	0
Studio	0
<b>Total</b>	36

**Time Commitment Notes for Students**

No value

**Units and Hours - Weekly Specialty Hours**

Activity Name	Type	In Class	Out of Class
No Value	No Value	No Value	No Value

**Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation**

No Value

**Entry Standards**

Entry Standards	Description
Apply a variety of skills appropriate for intercollegiate golf.	No Value

Integrate National Collegiate Athletic Association (NCAA) and CCCAA decorum policies into weekly competition.	No Value
Display cardiovascular health, muscular strength and endurance.	No Value
Utilize verbal communication necessary for collegiate competition.	No Value
Demonstrate how to apply workable solutions within a team environment.	No Value

### Course Limitations

Cross Listed or Equivalent Course	Description
No value	No value

### Requisite Validation

<b>Upload Statistical Validation and/or other documents (if necessary)</b>
No Value

### Specifications

<b>Methods of Instruction</b>	
Methods of Instruction	Demonstrations
Methods of Instruction	Collaborative Learning
Methods of Instruction	Laboratory
Methods of Instruction	Multimedia

**Out of Class Assignments**

- Game evaluation (e.g. written evaluations regarding positive and negative performances with player feedback)
- Goal setting (e.g. written re-evaluation of goal performance every week)
- Game analysis (e.g. written summary and review of game film both team and individual)

**Methods of Evaluation**

Exam/Quiz/Test

In-Class Activity (answering journal prompt, group activity)

In-Class Writing Assignment

Other

**Description of Activity/Interaction**

Written play exams (e.g. diagram test for defense)

Demonstration evaluations (e.g. distance of long drives)

Video movement analysis

Weekly competition

**Textbook Rationale**

No Value

**Textbooks**

Author	Title	Publisher	Date	ISBN
No Value	No Value	No Value	No Value	No Value

**Other Instructional Materials (i.e. OER, handouts)****Description**

Men's Golf Rules and Interpretations

**Author**

National Collegiate Athletic Association

**Citation**

Indianapolis: National Collegiate Athletic Association, 2023

**Online Resource(s)****Learning Outcomes****Course Objectives**

Identify and analyze concepts and strategies of individual and team personnel through film analysis and simulated game situations.

Demonstrate collegiate level swing motion, putting, chipping, and etiquette.

Recognize the role of nutrition in athletic performance.

Demonstrate and apply practical and general knowledge of the game of golf and its rules.

Integrate conditioning into daily practices.

Demonstrate the ability to work with a team as a unit and develop team concepts.

**SLOs**

**Perform fundamental mechanics for effective performance in the sport of golf.** Expected Outcome Performance: 70.0

*ILOs* Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.  
 Core *ILOs*

*ATHPE* Implement and apply conditioning, weight training, and sport specific skills necessary for collegiate competition.  
 Core  
 PLOs

**Demonstrate and apply technical and tactical skills necessary for collegiate competition.** Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.  
 Core  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Implement and apply conditioning, weight training, and sport specific skills necessary for collegiate competition.  
 Core  
 PLOs

**Integrate cooperative skills needed to perform at a high level of play.** Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.  
 Core  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Integrate and execute advanced cooperative skills needed to perform at a high level of play.  
 Core  
 PLOs

**Demonstrate and apply safety rules and procedures to effectively participate in a physical activity environment.** Expected Outcome Performance: 70.0

*ILOs* Analyze and solve problems using critical, logical, and creative thinking; ask questions, pursue a line of inquiry, and derive conclusions; cultivate creativity that leads to innovative ideas.  
 Core  
*ILOs*

Demonstrate depth of knowledge in a course, discipline, or vocation by applying practical knowledge, skills, abilities, theories, or methodologies to solve unique problems.

*ATHPE* Demonstrate and apply safety rules and procedures to effectively participate in physical movement.  
 Core  
 PLOs

## Additional SLO Information

**Does this proposal include revisions that might improve student attainment of course learning outcomes?**

No

**Is this proposal submitted in response to learning outcomes assessment data?**

No

**If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.**

No Value

**SLO Evidence**

No Value

## Course Content

### Lecture Content

#### Team Philosophies and Rules (4 hours)

- Sportsmanship
- Team rules
- Individual/team goal setting
- NCAA Association rules
- CCCAA decorum
- United States Golf Association (USGA)
- Training room policies for treatment

#### Safety for Men's Golf (4 hours)

- Preventative injury exercises
- Proper warm-up
- Proper cool-down

#### Understanding Team Dynamics (4 hours)

- Creating a positive team environment
- Effective communication under stress

#### Nutrition for the Competitive Athlete (4 hours)

- Eating balanced meals
- Carbohydrate and protein combinations
- Packing smart snacks
- Supplements: Good or bad
- Hydration

#### Definitions of Diversity, Inclusion, inequality and discrimination in Sports Competition (2 hour)

- Gender
- Race/ethnicity
- Sexuality
- Religion

**Total hours: 18**

### Laboratory/Studio Content

#### Fundamental Conditioning for Men's Golf (54 hours)

- Agility
- Coordination

- Specific muscle group development
- Muscular and cardiovascular endurance
- Flexibility
- Core training

#### **Fundamental Skills and Strategies in Intercollegiate Men's Golf (108 hours)**

- Swing fundamentals
  - Driving
  - Long distance shots
  - Short, middle, and long putting
  - Chipping
  - Sandshots
- Club choices
  - Wedges
  - Putters
  - Short irons
  - Middle irons
  - Long irons
  - Woods
- Fundamental body mechanics
  - Stance
  - Foot positioning
  - Hip angle
- Golf etiquette
  - Speed of play
  - Putting order
  - Driving orders
- Competitive strategy
  - Course variations
  - Weather conditions
- Mental skills
  - Mental offense
  - Mental defense

**Total hours: 162**

### **Additional Information**

#### **Repeatability**

Repeatable

#### **Justification (if repeatable was chosen above)**

Intercollegiate athletics (must have ATHPE prefix and intercollegiate TOP code of 0835.50)

#### **Is it possible this course will have a material fee?**

No

#### **I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liaisons>):**

No

#### **What term(s) will this course be offered?**

Spring

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value