

Glendale College

Course Outline of Record Report

Course ID 003062

Revision - November 2025

ATHPE120 : Intercollegiate Women's Golf

General Information

| | |
|---|---|
| Author: | • Erin Calderone |
| Attachments: | EMERG_DE Addendum_ATHPE_120_COR_11:23:24_CoDE_5:27:25.pdf |
| Course Code (CB01) : | ATHPE120 |
| Course Title (CB02) : | Intercollegiate Women's Golf |
| Department: | ATHPE |
| Proposal Start: | Fall 2026 |
| TOP Code (CB03) : | (0835.50) Intercollegiate Athletics |
| CIP Code: | (31.0501) Sports, Kinesiology and Physical Education/Fitness, General. |
| SAM Code (CB09) : | E - Non-Occupational |
| Distance Education Approved: | No |
| Will this course be taught asynchronously?: | No |
| Course Control Number (CB00) : | CCC000574946 |
| Curriculum Committee Approval Date: | 11/12/2025 |
| Board of Trustees Approval Date: | 12/09/2025 |
| Last Cyclical Review Date: | 11/27/2024 |
| Course Description and Course Note: | ATHPE 120 is an advanced course designed for students who plan to compete at the collegiate level in the sport of women's golf. This course emphasizes advanced skill, theory, tactics, strategy and intercollegiate competition. Student-athletes are required to meet the standards of the California Community College Athletic Association (CCCAA) eligibility guidelines and decorum policies. Note: ATHPE 120 is designed for the intercollegiate women's golf team. May be taken 4 times for credit. Each student-athlete must provide their own golf clubs. |
| Justification: | Content Change |
| Academic Career: | • Credit |
| Mode of Delivery: | • In-Person |
| Author: | No value |
| Course Family: | Golf |

Academic Senate Discipline

| | |
|-----------------------|------------|
| Primary Discipline: | • Coaching |
| Alternate Discipline: | No value |
| Alternate Discipline: | No value |

Course Development

Basic Skill Status (CB08)

Course is not a basic skills course.

Allow Students to Gain Credit by Exam/Challenge

Course Special Class Status (CB13)

Course is not a special class.

Pre-Collegiate Level (CB21)

Not applicable.

Grading Basis

- Grade with Pass / No-Pass Option

Course Support Course Status (CB26)

Course is not a support course

General Education and C-ID

General Education Status (CB25)

Not Applicable

Transferability

Transferable to CSU only

Transferability Status

Approved

GCC General Education Requirements

Area 8: Lifelong Learning

Area

Lifelong Learning

Status

Pending

Approval Date

No value

Comparable Course

No Comparable Course defined.

Units and Hours

Summary

Minimum Credit Units (CB07)

4

Maximum Credit Units (CB06)

4

Total Course In-Class (Contact) Hours

180

Total Course Out-of-Class Hours

36

Total Student Learning Hours

216

Credit / Non-Credit Options

Course Type (CB04)

Credit - Degree Applicable

Noncredit Course Category (CB22)

Credit Course.

Noncredit Special Characteristics

No Value

Course Classification Code (CB11)

Credit Course.

Variable Credit Course

Funding Agency Category (CB23)

Not Applicable.

Cooperative Work Experience Education Status (CB10)

Weekly Student Hours

Course Student Hours

| | In Class | Out of Class | Course Duration (Weeks) | 18 |
|------------------|-----------------|---------------------|--|-----|
| Lecture Hours | 1 | 2 | Hours per unit divisor | 54 |
| Laboratory Hours | 9 | 0 | Course In-Class (Contact) Hours | |
| Studio Hours | 0 | 0 | Lecture | 18 |
| | | | Laboratory | 162 |
| | | | Studio | 0 |
| | | | Total | 180 |
| | | | Course Out-of-Class Hours | |
| | | | Lecture | 36 |
| | | | Laboratory | 0 |
| | | | Studio | 0 |
| | | | Total | 36 |

Time Commitment Notes for Students

No value

Units and Hours - Weekly Specialty Hours

| Activity Name | Type | In Class | Out of Class |
|---------------|----------|----------|--------------|
| No Value | No Value | No Value | No Value |

Prerequisites, Corequisites, Recommended Corequisites, and Recommended Preparation

No Value

Entry Standards

| Entry Standards | Description |
|---|-------------|
| Apply a variety of skills appropriate for intercollegiate golf. | No Value |
| Integrate National Collegiate Athletic Association (NCAA) and CCCAA decorum policies into weekly competition. | No Value |

| | |
|---|----------|
| Display cardiovascular health, muscular strength and endurance. | No Value |
|---|----------|

| | |
|--|----------|
| Utilize verbal communication necessary for collegiate competition. | No Value |
|--|----------|

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|--|----------|
| Demonstrate how to apply workable solutions within a team environment. | No Value |
|--|----------|

Course Limitations

| Cross Listed or Equivalent Course | Description |
|-----------------------------------|-------------|
|-----------------------------------|-------------|

| | |
|----------|----------|
| No value | No value |
|----------|----------|

Requisite Validation

Upload Statistical Validation and/or other documents (if necessary)

No Value

Specifications

Methods of Instruction

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|------------------------|----------------|
| Methods of Instruction | Demonstrations |
|------------------------|----------------|

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|------------------------|------------------------|
| Methods of Instruction | Collaborative Learning |
|------------------------|------------------------|

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| Methods of Instruction | Laboratory |
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| Methods of Instruction | Multimedia |
|------------------------|------------|

Out of Class Assignments

- Game evaluation (e.g. written evaluations regarding positive and negative performances with player feedback)
- Goal setting (e.g. written re-evaluation of goal performance every week)
- Game analysis (e.g. written summary and review of game film both team and individual)

| Methods of Evaluation | Description of Activity/Interaction |
|---|--|
| Exam/Quiz/Test | Written play exams (e.g. diagram test for strategy) |
| Activity (answering journal prompt, group activity) | Demonstration evaluations (e.g. distance of long drives) |
| Writing Assignment | Video movement analysis |
| Other | Weekly competition |

| Textbook Rationale |
|--------------------|
| No Value |

| Textbooks | | | | |
|-----------|----------|-----------|----------|----------|
| Author | Title | Publisher | Date | ISBN |
| No Value | No Value | No Value | No Value | No Value |

| Other Instructional Materials (i.e. OER, handouts) | |
|--|---|
| Description | Local Rules and Terms of the Competition for NCAA Women's Golf Tournaments |
| Author | National Collegiate Athletics Association |
| Citation | 2024 |
| Online Resource(s) | https://ncaaorg.s3.amazonaws.com/championships/sports/golf/d1/women/2023-24D1WGO_SpringHardCard.pdf |
| Description | USGA Rules of Golf |
| Author | United States Golf Association |
| Citation | No value |
| Online Resource(s) | https://www.usga.org/rules-hub.html |

| Learning Outcomes |
|--|
| Course Objectives |
| Identify and analyze concepts and strategies of individual and team personnel through film analysis and simulated game situations. |
| Demonstrate collegiate level swing motion, putting, chipping, and etiquette. |

Recognize the role of nutrition in athletic performance.

Demonstrate and apply practical and general knowledge of the game of golf and its rules.

Integrate conditioning into daily practices.

Demonstrate the ability to work with a team as a unit and develop team concepts.

SLOs

| | |
|--|------------------------------------|
| Perform fundamental mechanics for effective performance in the sport of golf. | Expected Outcome Performance: 70.0 |
| Demonstrate and apply technical and tactical skills necessary for collegiate competition. | Expected Outcome Performance: 70.0 |
| Integrate cooperative skills needed to perform at a high level of play. | Expected Outcome Performance: 70.0 |
| Demonstrate and apply safety rules and procedures to effectively participate in a physical activity environment. | Expected Outcome Performance: 70.0 |

Additional SLO Information

Does this proposal include revisions that might improve student attainment of course learning outcomes?

No

Is this proposal submitted in response to learning outcomes assessment data?

No

If yes was selected in either of the above questions for learning outcomes, explain and attach evidence of discussions about learning outcomes.

No Value

SLO Evidence

No Value

Course Content

Lecture Content

Team Philosophies and Rules (4 hours)

- Sportsmanship
- Team rules
- Individual/team goal setting
- NCAA Association rules
- CCCAA decorum
- United States Golf Association (USGA)
- Training room policies for treatment

Safety for Women's Golf (4 hours)

- Exercises for injury prevention
- Proper warm-up
- Proper cool-down

Understanding Team Dynamics (4 hours)

- Creating a positive team environment
- Effective communication under stress

Nutrition for the Competitive Athlete (4 hours)

- Eating balanced meals
- Carbohydrate and protein combinations
- Packing smart snacks
- Supplements: Good or bad
- Hydration

Definitions of Diversity, Inclusion, Inequality and Discrimination in Sports Competition (2 hours)

- Gender
- Race/ethnicity
- Sexuality
- Religion

Total hours: 18**Laboratory/Studio Content****Fundamental Conditioning for Women's Golf (54 hours)**

- Agility
- Coordination
- Specific muscle group development
- Muscular and cardiovascular endurance
- Flexibility
- Core training

Fundamental Skills and Strategies in Intercollegiate Women's Golf (108 hours)

- Swing fundamentals
 - Driving
 - Long distance shots
 - Short, middle, and long putting
 - Chipping
 - Sandshots
- Club choices
 - Wedges
 - Putters
 - Short irons
 - Middle irons
 - Long irons
 - Woods
- Fundamental body mechanics
 - Stance
 - Foot positioning
 - Hip angle
- Golf etiquette
 - Speed of play
 - Putting order
 - Driving orders
- Competitive strategy
 - Course variations
 - Weather conditions
- Mental skills
 - Mental offense
 - Mental defense

Total hours: 162

Additional Information**Repeatability**

Repeatable

Justification (if repeatable was chosen above)

Intercollegiate athletics (must have ATHPE prefix and intercollegiate TOP code of 0835.50)

Is it possible this course will have a material fee?

No

I have contacted my library liaison (<https://campusguides.glendale.edu/faculty/liasons>):

No

What term(s) will this course be offered?

Spring

Will any additional resources be needed for this course? (Click all that apply)

- No

If additional resources are needed, add a brief description and cost in the box provided.

No Value