

Strength Training for the Older Adult

LLS 42 #3273 Pacific Park Wednesday/Friday 10:30am.-12:00pm. Garland Gibbs
02/17-06/10/2026

Film Appreciation

LLS 72 #3093 Mariposa 213 Thursday 1:00pm.-3:30pm. Sandra Ferguson
02/17-03/21/2026

LLS 72 #3268 Mariposa 213 Thursday 1:00pm.-3:30pm. Sandra Ferguson
03/23-05/02/2026

LLS 72 #3269 Mariposa 213 Thursday 1:00pm.-3:30pm. Sandra Ferguson
05/04-06/06/2026

Acting Improvisation

LLS 80 #3356 Tropic 211 Monday 10:00am.-12:00pm. Karen Baughn
02/17-06/10/2026

All Classes are Tuition-Free

Learning doesn't stop—it evolves.

Lifelong Learning Seminars invite you to explore new interests, stay mentally engaged, and connect with others through meaningful educational experiences designed to spark curiosity at every stage of life.

Begin Your Journey

Register online at www.glendale.edu

For more information, call **(818) 240-1000 ext. 5690**

Class Locations

- **Glendale Community College – Garfield Campus**
1122 E. Garfield, Glendale, CA 91205
(Mariposa / Tropic)
- **Sparr Heights Community Center**
1613 Glencoe Way, Glendale, CA 91208
- **Pacific Park**
501 S. Pacific Ave, Glendale, CA 91204
- **Adult Recreation Center - ARC**
201 E. Colorado Street, Glendale, CA 91205